

## LAFR Grand Prix & Trail Master Race Results 2024 (Trail Master Results Follow)

Race												50 Mile					
Location/Date												7-Jan					
Finishers												322					
OA	DP	Div	Name	Age	GPDiv	Time	Age G	AG W	Age P	Pts	PR	UN	DS	BQ/FR	T3A	T3O	Tot
93	7	M5054	Viktor Toth	50	M5054	10:08:15	49.38	59.26	1	100		10	30				140
202	7	F5054	Peachy Poso	51	F5059	11:42:56	48.07	57.68	1	100			30				130
206	7	M6064	Steve Gerschultz	60	M6064	11:44:33	46.71	56.05	1	100			30				130

Race												5K					
Location/Date												7-Jan					
Finishers												322					
OA	DP	Div	Name	Age	GPDiv	Time	Age G	AG W	Age P	Pts	PR	UN	DS	BQ/FR	T3A	T3O	Tot
54	2	F5559	Emily Cox - 5K	56	F5059	27:02	65.24	na	1	100					15		115

Race												Half					
Location/Date												21-Jan					
Finishers												9208					
OA	DP	Div	Name	Age	GPDiv	Time	Age G	AG W	Age P	Pts	PR	UN	DS	BQ/FR	T3A	T3O	Tot
29	6	M2029	Mitchell Miller	27	M2029	1:21:18	71.36	74.93	1	100			10				110
39	8	M3539	Michael Bea	35	M3539	1:22:45	70.50	74.03	1	100			10				110
250	39	M3539	Martin Leung	37	M3539	1:33:49	62.65	65.78	2	90			10				100
304	48	M3539	Kyle Schmitz	38	M3539	1:36:04	61.50	64.58	3	80			10				90
461	70	M3539	Mark Planas	38	M3539	1:39:52	59.16	62.12	4	70			10				80
5174	423	M3539	Leonard Hyman	39	M3539	2:33:02	38.84	40.78	5	60			10				70
6308	211	M5054	Mike Smith	51	M5054	2:45:54	39.54	41.52	1	100			10				110
6826	307	F4044	Franziska Reff	41	F4049	2:52:21	38.92	40.87	1	100			10				110

Race												50K					
Location/Date												27-Jan					
Finishers												91					
OA	DP	Div	Name	Age	GPDiv	Time	Age G	AG W	Age P	Pts	PR	UN	DS	BQ/FR	T3A	T3O	Tot
53	3	M5559	John Miles	59	M5559	8:44:13	34.69	39.89	1	100		10	20		15		145

Race												5K					
Location/Date												27-Jan					
Finishers												5K-43, Pups-38					
OA	DP	Div	Name	Age	GPDiv	Time	Age G	AG W	Age P	Pts	PR	UN	DS	BQ/FR	T3A	T3O	Tot
			<b>5K Humans</b>														
1	1	M4044	Jeremy Yoder	41	M4044	19:28	70.03	na	1	100		10		10	15	25	160
4	1	M5559	Bruce Bair	57	M5559	20:12	76.58	na	1	100				10	15		125
6	1	M3539	Joey Lan	38	M3539	22:42	58.74	na	1	100				10	15		125
21	1	F5054	Peachy Poso	51	F5059	28:20	58.82	na	1	100		10		10	15		135
30	1	M7074	Jim Martinez	70	M7074	31:10	55.95	na	1	100		10		10	15		135
40	1	F7074	Margie Gonzales RW	70	F7079	55:44	48.30	na	1	100				10	15		125
41	2	F7074	Amy Ross RW	70	F7079	55:45	48.28	na	2	90		10		10	15		125
42	2	F5054	Cat White RW	53	F5059	55:50	41.07	na	1	100				10	15		125
42	2	F5559	Keeley Webster RW	55	F5059	55:50	41.86	na	1	100				10	15		125

Race		Doggie Dash continued										5K					
Location/Date		Griffith Park										27-Jan					
Finishers		5K-43, Pups-38															
OA	DP	Div	Name	Age	GPDiv	Time	Age G	AG W	Age P	Pts	PR	UN	DS	BQ/FR	T3A	T3O	Tot
			<b>5K Pups</b>														
7	2	LARGE	John McGuinness & Kylie	50	M5054	24:09	60.49	na	1	100				10	15		125
8	3	LARGE	Vikash Reddy & Lucky	40	M4044	25:38	52.79	na	1	100		10		10	15		135
10	4		Martin Carlson & Zazie	63	M6064	27:25	59.43	na	1	100		10		10			120
11	5		Gabriel Cooper & Oliver	35	M3539	27:43	47.11	na	1	100		10		10			120
18	7		Al Cortez & Zoey	50	M5054	30:55	47.25	na	2	90		10		10			110
20	6	LARGE	Reg Willson & Oslo	64	M6064	35:11	46.73	na	1	100		10		10			120
25	9	LARGE	Mike Carbuto & Mike	71	M7074	41:52	42.17	na	1	100		10		10			120

Race		Friendship Run										30K					
Location/Date		Hansen Dam										18-Feb					
Finishers		1639															
OA	DP	Div	Name	Age	GPDiv	Time	Age G	AG W	Age P	Pts	PR	UN	DS	BQ/FR	T3A	T3O	Tot
			<b>30K</b>														
13	NA	M5054	Carlos Vizcarra	50	M5054	2:08:14	73.86	81.25	1	100			15				115
21	2	M3539	Kyle Schmitz	38	M3539	2:21:25	60.85	66.94	1	100			15		15		130
1018	NA	M5054	Mike Smith	52	M5054	4:02:03	39.82	43.80	2	90			15				105

Race		Leap Day										2.67/5.34					
Location/Date		Long Beach										29-Feb					
Finishers		2.67-99, 5.34-33															
OA	DP	Div	Name	Age	GPDiv	Time	Age G	AG W	Age P	Pts	PR	UN	DS	BQ/FR	T3A	T3O	Tot
			<b>2.67</b>														
11	2	M5054	Kevin Shiramizu	50	M5054	19:16	64.71	na	1	100					15		115
17	1	M5559	Angus Kennedy	58	M5559	21:14	62.69	na	1	100		10			15		125
18	2	M5559	John Miles	59	M5559	21:21	62.88	na	2	90		10			15		115
20	1	M6569	Bill Austin	66	M6569	21:40	65.90	na	1	100		10			15		125
22	2	M4549	Albert Giang	46	M4549	23:11	52.12	na	1	100					15		115
			<b>5.34</b>														
25	1	M7074	Bill Winkelmann	70	M7074	66:33	46.42	na	1	100		10			15		125

Race		LA Marathon										5K/Full					
Location/Date		Los Angeles										17-Mar					
Finishers		####															
OA	DP	Div	Name	Age	GPDiv	Time	Age G	AG W	Age P	Pts	PR	UN	DS	BQ/FR	T3A	T3O	Tot
			<b>LA Big 5K</b>														
611	57	M4044	David Gonzalez	43	M4044	27:44	49.90	na	1	100							100
2654	68	M5559	Deo Jaravata RW	59	M5559	37:32	57.33	na	1	100							100
			<b>Marathon</b>														
157	28	M3539	Martin Leung	37	M3539	2:58:06	69.20	76.12	1	100			20	20			140
411	27	M4549	Satoshi Ono	49	M4549	3:12:27	70.23	77.25	1	100			20	20			140
576	8	M5559	Greg Ziencina	57	M5559	3:18:24	73.19	80.51	1	100			20	20			140
936	130	M3539	Kyle Schmitz	38	M3539	3:27:21	59.75	65.73	2	90			20				110
1253	228	M3034	Trevor Tivenan	33	M3034	3:33:15	57.12	62.83	1	100			20				120
2668	316	M3539	Mark Planas	38	M3539	3:54:28	52.84	58.12	3	80			20				100
2847	490	M3034	Francis Felix	32	M3034	3:56:20	51.48	56.63	2	90			20				110
4783	89	F4044	Adik Nersesian	43	F4049	4:18:37	54.21	59.63	1	100			20				120
5066	103	F4044	April Selvage	44	F4049	4:21:52	53.99	59.39	2	90			20				110
6272	11	F6064	Leticia Rodriguez	63	F6069	4:34:06	65.80	72.38	1	100			20				120
7747	340	M5054	Daniel Walkup	53	M5054	4:48:53	51.64	56.80	1	100			20				120

OA	DP	Div	Name - LA Full cont.	Age	GPDIV	Time	Age G	AG W	Age P	Pts	PR	UN	DS	BQ/FR	T3A	T3O	Tot
8440	59	F5559	Sumalee Sangsurasak	56	F5059	4:55:41	55.24	60.76	1	100			20				120
10197	569	M4549	Charlie Heaton-Lee	45	M4549	5:14:29	41.54	45.69	1	100			20				120
11320	89	F5559	Emily Cox	56	F5059	5:26:52	49.97	54.97	2	90			20				110
14398	356	M5559	Deo Jaravata RW	59	M5559	6:00:48	58.92	64.81	2	90		10	20				120
18364	741	M5054	Mike Smith	52	M5054	7:08:41	32.37	35.61	2	90		10	20				120
19735	576	F4549	Lisa Zajkowski	47	F4049	7:47:18	31.18	34.30	3	80			20				100

Race			GP Trails														
Location/Date			Griffith Park														
Finishers			Marathon-34, 50K-90														
OA	DP	Div	Name	Age	GPDIV	Time	Age G	AG W	Age P	Pts	PR	UN	DS	BQ/FR	T3A	T3O	Tot
39	1	M6064	Steve Gerschultz <b>50K</b>	60	M6064	6:03:10	51.03	58.68	1	100			20		15		135
60	1	F5054	Peachy Poso <b>50K</b>	52	F5059	6:46:15	46.38	53.34	1	100			20		15		135
22	5	M5559	Deo Jaravata <b>FULL</b>	59	M5559	6:45:39	36.47	40.12	1	100			20				120

Race			Pasadena Trail Challenge														
Location/Date			Pasadena														
Finishers			5.1-179, 10.4-119														
OA	DP	Div	Name	Age	GPDIV	Time	Age G	AG W	Age P	Pts	PR	UN	DS	BQ/FR	T3A	T3O	Tot
			<b>5.1 Mile</b>														
22	2	M5559	Angus Kennedy	58	M5559	42:29	61.22	na	3	80		10			15		105
26	1	M6569	Bill Austin	66	M6569	43:23	64.54	na	1	100		10			15		125
132	2	M7074	Bill Winkelmann	71	M7074	63:53	46.10	na	1	100		10			15		125
			<b>10.4 Mile</b>														
7	1	M5559	Mark Johnson	57	M5559	1:26:31	62.96	66.11	1	100		10	10		15		135
8	2	M5559	Bruce Bair	57	M5559	1:27:49	62.02	65.12	2	90		10	10		15		125
34	3	M5559	John Miles	59	M5559	1:45:21	52.67	55.30	4	70		10	10		15		105
42	4	F3034	Gillian Wilkerson-Villasenor	33	F3039	1:47:37	47.70	50.09	1	100		10	10				120
86	1	F5054	Peachy Poso	52	F5059	2:09:31	45.71	48.00	1	100			10		15		125

Race			Finish the Run														
Location/Date			Griffith Park														
Finishers			5K-563, Half-201														
OA	DP	Div	Name	Age	GPDIV	Time	Age G	AG W	Age P	Pts	PR	UN	DS	BQ/FR	T3A	T3O	Tot
			<b>5K</b>														
19	1	M5559	Angus Kennedy	58	M5559	24:33	63.55	na	1	100		10			15		125
106	1	M7074	Jim Martinez	70	M7074	30:55	56.40	na	1	100		10			15		125
435	2	M7074	Margie Gonzales RW	70	F7079	50:29	53.32	na	1	100		10			15		125
			<b>Half</b>														
1	1	M5559	Axier Uzkudun Gonzalez	53	M5054	1:38:36	67.71	71.10	1	100			10		15	25	150
53	1	F6064	Yuri Clingerman	63	F6069	2:10:37	66.01	69.31	1	100			10		15		125
78	1	F4549	Treven Ho	48	F5059	2:18:04	51.68	54.26	1	100			10		15		125
99	1	M5559	Rick Hetzel	64	M6064	2:25:06	51.05	53.60	1	100			10		15		125

Race			Chesebro														
Location/Date			Agoura														
Finishers			1359														
OA	DP	Div	Name	Age	GPDIV	Time	Age G	AG W	Age P	Pts	PR	UN	DS	BQ/FR	T3A	T3O	Tot
28	4	M3539	Kyle Schmitz - Half	39	M3539	1:39:45	59.58	62.56	1	100			10				110
1186	7	M7074	Margie Gonzales RW - 10K	70	F7079	1:45:04	53.93	na	1	100		10					110

<b>Race</b>																	
<b>Location/Date</b>																	
<b>Finishers</b>																	
OA	DP	Div	Name	Age	GPDiv	Time	Age G	AG W	Age P	Pts	PR	UN	DS	BQ/FR	T3A	T3O	Tot
				<b>Boston Marathon</b>								<b>Full</b>					
				<b>Boston</b>								<b>15-Apr</b>					
				<b>####</b>													
1190	12	M5054	Carlos Vizcarra	50	M5054	2:49:18	80.54	88.59	1	100			20	20			140
1663	100	M4549	Alastair Heptonstal	45	M4549	2:53:24	75.35	82.89	1	100			20	20			140
12095	601	M5559	Greg Ziencina	57	M5559	3:40:28	65.86	72.45	1	100			20				120
14055	320	F5054	Amy Zheng	50	F5059	3:49:00	65.99	72.59	1	100			20	20			140
18468	1223	F4044	April Selvage	44	F4049	4:15:52	55.26	60.79	1	100			20				120
22099	409	F6064	Leticia Rodriguez	63	F6069	4:52:04	61.75	67.93	1	100			20				120
<b>Race</b>																	
<b>Location/Date</b>																	
<b>Finishers</b>																	
OA	DP	Div	Name	Age	GPDiv	Time	Age G	AG W	Age P	Pts	PR	UN	DS	BQ/FR	T3A	T3O	Tot
				<b>Leona Divide</b>								<b>50K</b>					
				<b>142</b>								<b>20-Apr</b>					
75	2	F5054	Peachy Poso	52	F5059	9:32:21	32.92	37.86	1	100			20		15		135
79	2	M6064	Ken Lewis	60	M6064	9:53:49	30.91	35.55	1	100			20		15		135
125	7	M6064	Steve Gerschultz	61	M6064	12:02:07	25.66	29.51	1	100			20		15		135
<b>Race</b>																	
<b>Location/Date</b>																	
<b>Finishers</b>																	
OA	DP	Div	Name	Age	GPDiv	Time	Age G	AG W	Age P	Pts	PR	UN	DS	BQ/FR	T3A	T3O	Tot
				<b>Spring Dash</b>								<b>5K/10K</b>					
				<b>Long Beach</b>								<b>21-Apr</b>					
				<b>5K-60, 10K-24</b>													
				<b>5K</b>													
4	2	M5559	Angus Kennedy	58	M5559	23:27	66.53	na	1	100		10			15		125
11	1	M6569	Bill Austin	66	M6569	26:15	63.77	na	1	100		10			15		125
				<b>10K</b>													
14	1	M7074	Bill Winkelmann	71	M7074	1:14:10	48.71	na	1	100		10			15		125
<b>Race</b>																	
<b>Location/Date</b>																	
<b>Finishers</b>																	
OA	DP	Div	Name	Age	GPDiv	Time	Age G	AG W	Age P	Pts	PR	UN	DS	BQ/FR	T3A	T3O	Tot
				<b>Mountains to Beach</b>								<b>Half/Full</b>					
				<b>Ventura</b>								<b>27-Apr</b>					
				<b>Half-1532, Full-1654</b>													
				<b>Half</b>													
10	2	M5054	Carlos Vizcarra	50	M5054	1:19:09	82.16	86.27	1	100			10		15		125
485	22	M4549	Albert Giang	47	M4549	1:55:38	54.80	57.54	1	100		10	10				120
				<b>Full</b>													
20	7	M2529	Mitchell Miller	27	M2529	2:46:44	72.96	80.26	1	100		10	20	20			150
334	48	M4044	Scott Swiontek	41	M4044	3:20:36	63.02	69.32	1	100		10	20				130
643	34	M5054	Scott Sugino	50	M5054	3:41:23	61.59	67.75	1	100			20				120
1167	124	M3034	Brennen Hernandez	33	M3034	4:20:03	48.61	53.47	1	100			20				120

Race		LB Pride										5K/10K					
Location/Date		Long Beach										19-May					
Finishers		5K-262, 10K-140															
OA	DP	Div	Name	Age	GPDiv	Time	Age G	AG W	Age P	Pts	PR	UN	DS	BQ/FR	T3A	T3O	Tot
<b>5K</b>																	
3	1	M5054	Carlos Vizcarra	50	M5054	18:28	79.11	na	1	100					15	25	140
10	1	M5559	Mark DeAngelis	59	M5559	22:35	69.68	na	2	90					15		105
17	3	M3539	Joey Lan	38	M3539	23:05	57.77	na	3	80		10			15		105
19	1	M6569	Bill Austin	67	M6569	23:14	72.72	na	1	100		10			15		125
21	2	M5559	Angus Kennedy	58	M5559	23:32	66.30	na	5	60		10			15		85
38	3	M5559	Henry Jung	59	M5559	26:14	59.99	na	7	40		10			15		65
72	2	M6064	Norbert Hetzel	64	M6064	29:28	55.79	na	2	90		10			15		115
98	1	M7074	Jim Martinez	70	M7074	31:52	54.72	na	2	90		10			15		115
187	2	F7074	Margie Gonzales RW	70	F70+	48:50	55.12	na	1	100		10			15		125
188	22	F3539	Erin Brinton RW	38	F3039	48:58	41.32	na	1	100		10					110
197	7	M6064	Tim Chung RW	60	M6064	50:35	42.67	na	3	80		10					90
<b>10K</b>																	
1	1	M3539	Martin Leung	37	M3539	38:02	70.67	na	1	100					15	25	140
3	1	M5559	Mark Johnson	57	M5559	40:41	77.61	na	1	100		10			15	25	150
6	2	M3539	Mark Planas	39	M3539	43:04	63.16	na	2	90					15		105
7	1	M4044	Vikash Reddy	40	M4044	43:17	63.30	na	1	100		10			15		125
9	2	M5559	Bernie Tan	56	M5559	44:57	69.62	na	3	80		10			15		105
12	3	M4044	Scott Swiontek	41	M4044	46:34	59.29	na	2	90					15		105
17	3	M5559	Mario Mota	59	M5559	47:18	67.97	na	4	70		10			15		95
22	2	M5054	Michael Carter	54	M5054	48:05	63.95	na	2	90		10			15		115
29	5	M4044	Eric Eisenbrey	44	M4044	49:54	56.67	na	3	80		10					90
48	4	M5559	John Miles	59	M5559	52:02	61.79	na	6	50		10					60
52	3	M4549	Dan Vu	48	M4549	53:11	54.94	na	1	100		10			15		125
57	4	M4549	Albert Giang	47	M4549	54:21	53.31	na	2	90		10					100
59	4	M5054	Al Cortez	51	M5054	54:33	54.93	na	3	80		10					90
63	2	M7074	David Dassey	73	M7074	55:41	66.49	na	1	100		10			15		125
67	5	M5054	Richard Peng	52	M5054	56:35	53.41	na	4	70		10					80
79	1	M6064	Brian Dunbar	62	M6064	58:50	56.19	na	1	100		10			15		125
90	7	M5054	Jonathan Whitfield	53	M5054	61:03	49.93	na	5	60							60
133	3	M7074	Bill Winkelmann	71	M7074	76:30	47.22	na	3	80		10			15		105
Race		Wrigley										5K/10K/10m					
Location/Date		Long Beach										1-Jun					
Finishers																	
OA	DP	Div	Name	Age	GPDiv	Time	Age G	AG W	Age P	Pts	PR	UN	DS	BQ/FR	T3A	T3O	Tot
<b>5K</b>																	
69	2	M7074	David Dassey	73	M7074	27:03	67.10	na	1	100		10			15		125
<b>10K</b>																	
46	2	M5054	Dan Walkup	53	M5054	53:32	56.94	na	1	100		10			15		125
<b>10 Mile</b>																	
77	3	M6064	Norbert Hetzel	64	M6064	1:38:57	56.44	59.26	1	100		10	10		15		135

Race																	
GP Trail Relay																	
5.5 mi																	
2-Jun																	
Location/Date																	
LA																	
Finishers																	
OA	DP	Div	Name	Age	GPDiv	Time	Age G	AG W	Age P	Pts	PR	UN	DS	BQ/FR	T3A	T3O	Tot
NA	NA	M5054	Scott Chaney	51	M5054	35:23	74.77	na	1	100		10					110
NA	NA	M5054	Carlos Vizcarra	50	M5054	35:29	73.93	na	2	90		10					100
NA	NA	M2529	Mitchell Miller	27	M2529	36:09	64.35	na	1	100		10					110
NA	NA	M3034	Andrew Robertson	33	M3034	36:20	64.27	na	1	100		10					110
NA	NA	M3539	Kyle Schmitz	39	M3539	37:50	63.52	na	1	100		10					110
NA	NA	M2529	Adon Ramos	28	M2529	38:39	60.19	na	2	90		10					100
NA	NA	M4549	Alastair Heptonstall	45	M4549	38:41	65.10	na	1	100		10					110
NA	NA	M5559	Mark Johnson	57	M5559	38:52	71.69	na	1	100		10					110
NA	NA	M4549	Satoshi Ono	49	M4549	40:29	64.26	na	2	90		10					100
NA	NA	M4044	Scott Swiontek	41	M4044	41:56	58.19	na	1	100		10					110
NA	NA	F3039	Erin Brinton	38	F3039	42:08	63.92	na	1	100		10					110
NA	NA	M3539	Raul Navarro	38	M3539	42:13	56.54	na	2	90		10					100
NA	NA	M4044	Vikash Reddy	40	M4044	42:22	57.14	na	2	90		10					100
NA	NA	M3539	Derek Mai	37	M3539	43:20	54.75	na	3	80		10					90
NA	NA	M5054	Axier Uzkudun Gonzalez	54	M5054	43:23	62.56	na	3	80		10					90
NA	NA	M5559	Bruce Bair	57	M5559	44:10	63.09	na	2	90		10					100
NA	NA	M5054	Viktor Toth	50	M5054	44:59	58.32	na	4	70		10					80
NA	NA	F4049	Nicole Luque	46	F4049	45:34	62.52	na	1	100		10					110
NA	NA	F3039	Erica Pitcavage	34	F3039	45:53	57.78	na	2	90		10					100
NA	NA	M3034	Brennen Hemendez	33	M3034	45:57	50.82	na	2	90		10					100
NA	NA	M5559	Angus Kennedy	58	M5559	48:29	57.98	na	3	80		10					90
NA	NA	M5559	John Miles	59	M5559	49:04	57.81	na	4	70		10					80
NA	NA	M4549	Albert Giang	47	M4549	50:33	50.63	na	3	80		10					90
NA	NA	M3539	Cruise Berry	35	M3539	50:35	46.45	na	4	70		10					80
NA	NA	M5054	John McGuinness	50	M5054	50:39	51.79	na	5	60		10					70
NA	NA	M6569	Bill Austin	67	M6569	52:20	58.42	na	1	100		10					110
NA	NA	F3039	Gillian Wilkerson-Villasenor	33	F3039	52:23	50.47	na	3	80		10					90
NA	NA	F5059	Sumalee Sangsurasak	56	F5059	53:05	59.96	na	1	100		10					110
NA	NA	F4049	Treven Ho	48	F4049	53:24	54.40	na	2	90		10					100
NA	NA	M6064	Martin Carlson	64	M6064	53:29	55.55	na	1	100		10					110
NA	NA	M5559	Jeff Neinstein	57	M5559	53:47	51.81	na	5	60		10					70
NA	NA	M5054	Al Cortez	51	M5054	54:24	48.63	na	6	50		10					60
NA	NA	F4044	Adik Nersesian	43	F4049	54:34	50.91	na	3	80		10					90
NA	NA	M7074	David Dasse	73	M7074	54:58	59.42	na	1	100		10					110
NA	NA	F6069	Esther Woods	66	F6069	57:19	63.10	na	1	100		10					110
NA	NA	M5054	Jonathan Whitfield	53	M5054	59:12	45.45	na	7	40		10					50
NA	NA	F6069	Donna Martin	67	F6069	60:25	60.69	na	2	90		10					100
NA	NA	M6064	Norbert Hetzel	64	M6064	60:35	49.04	na	2	90		10					100
NA	NA	F6069	Denise Beatty	65	F6069	62:58	56.67	na	3	80		10					90
NA	NA	M5054	Brad Reichard	54	M5054	64:57	41.79	na	8	30		10					40
NA	NA	M7074	Bill Winkelmann	71	M7074	68:40	46.39	na	2	90		10					100

Race		LAFR Pride 5K													5K/10K		
Location/Date		LA													16-Jun		
Finishers		197															
OA	DP	Div	Name	Age	GPDIV	Time	Age G	AG W	Age P	Pts	PR	UN	DS	BQ/FR	T3A	T3O	Tot
1	1	M2529	Mitchell Miller	27	M2529	17:41	72.67	na	1	100		10		10	15	25	160
5	2	M3539	Kyle Schmitz	39	M3539	20:07	66.78	na	1	100				10	15		125
6	2	M5559	Mark Johnson	57	M5559	20:26	75.71	na	1	100		10		10	15		135
7	1	M4044	Jeremy Yoder	42	M4044	20:47	66.09	na	1	100		10		10	15		135
8	3	M3539	Derek Mai	37	M3539	20:55	63.30	na	2	90		10		10	15		125
9	1	M5054	Axier Uzkudun Gonzalez	54	M5054	20:57	72.03	na	1	100		10		10	15		135
10	4	M3539	Raul Navarro	38	M3539	21:17	62.65	na	3	80				10			90
11	3	M5559	Bruce Bair	57	M5559	22:44	68.05	na	2	90		10		10	15		125
16 (1)	1	F3539	Louisa Hill	36	F3039	23:32	63.20	na	1	100				10	15	25	150
20	2	M4549	Eric Eisenbrey	45	M4044	24:08	58.22	na	2	90		10		10	15		125
22	5	M5054	Kevin Shiramizu	50	M5054	24:13	60.32	na	2	90				10			100
27	2	M2529	Wasiq Mohammad	26	M2529	25:13	50.96	na	2	90		10		10	15		125
31	5	M5559	John Miles	59	M5559	25:57	60.64	na	3	80		10		10			100
39	1	M6569	Bill Austin	67	M6569	27:31	61.40	na	1	100		10		10	15		135
42	1	M6064	Lui Sanchez	63	M6064	27:42	58.83	na	1	100		10		10	15		135
51	2	M6064	Martin Carlson	64	M6064	28:31	57.65	na	2	90		10		10	15		125
59	3	M6064	Ken Lewis	61	M6064	28:55	55.37	na	3	80		10		10	15		115
64	1	M7074	David Dassey	73	M7074	29:21	61.85	na	1	100		10		10	15		135
91	2	M7074	Jim Martinez	70	M7074	32:30	53.66	na	2	90		10		10	15		125
115	3	M7074	Bill Winkelmann	71	M7074	37:28	47.13	na	3	80		10		10	15		115
122	8	M4549	Jonathan Toker	49	M4549	38:15	37.89	na	2	90		10		10			110
141	4	F5054	Cat White RW	53	F5059	42:34	53.88	na	1	100		10		10			120
177	3	F7074	Amy Ross RW	71	F70+	52:29	51.83	na	1	100		10		10	15		135
180	3	F6569	Nicole Oeuvray RW	65	F6069	58:17	44.18	na	1	100		10		10	15		135
193	4	F7074	Alice Hulac-Morentin RW	73	F70+	1:05:10	42.63	na	2	90		10		10			110
194	6	F6064	Michelle Hulac-Morentin RW	64	F6069	1:05:10	39.18	na	1	100		10		10			120
195	6	F5559	Keeley Webster RW	55	F5059	1:05:11	35.87	na	2	90		10		10			110

Race		LAFR Pride 10K													5K/10K		
Location/Date		LA													16-Jun		
Finishers		99															
OA	DP	Div	Name	Age	GPDIV	Time	Age G	AG W	Age P	Pts	PR	UN	DS	BQ/FR	T3A	T3O	Tot
1	1	M5054	Carlos Vizcarra	50	M5054	37:39	78.91	na	1	100				10	15	25	150
3	2	M3539	Kyle Schmitz	39	M3539	40:29	67.19	na	1	100				10	15	25	150
6	2	M4044	Jeremy Yoder	42	M4044	41:11	67.58	na	1	100		10		10	15		135
7	2	M5054	Axier Uzkudun Gonzalez	54	M5054	41:12	74.63	na	2	90		10		10	15		125
8	1	M5559	Mark Johnson	57	M5559	41:21	76.36	na	1	100		10		10	15		135
10	3	M3539	Mark Planas	39	M3539	44:02	61.78	na	2	90				10	15		115
12	4	M3539	Raul Navarro	38	M3539	44:39	60.54	na	3	80				10			90
15 (2)	1	F3539	Louisa Hill	36	F3039	47:15	64.05	na	1	100				10	15	25	150
18	5	M5054	Michael Carter	54	M5054	48:21	63.60	na	3	80		10		10			100
20	1	M6569	Bill Austin	67	M6569	48:31	71.49	na	1	100		10		10	15		135
24	6	M5054	Daniel Walkup	53	M5054	51:08	59.61	na	4	70		10		10			90
26	7	M5054	Al Cortez	51	M5054	51:37	58.05	na	5	60		10		10			80
27	3	M5559	John Miles	59	M5559	51:37	62.29	na	2	90		10		10	15		125
29	2	F4549	Treven Ho	48	F4049	51:59	63.40	na	1	100		10		10	15		135
31	2	M4549	Daniel Vu	48	M4549	53:49	54.29	na	1	100		10		10	15		135
32	4	M5559	Jeff Neinstein	57	M5559	54:16	58.18	na	3	80				10			90
37	8	M5054	Richard Peng	52	M5054	55:35	54.37	na	6	50		10		10			70
39	2	F5559	Sumalee Sangsurasak	56	F5059	55:57	64.57	na	1	100		10		10	15		135

OA	DP	Div	Name - LAFR 10K cont.	Age	GPDIV	Time	Age G	AG W	Age P	Pts	PR	UN	DS	BQ/FR	T3A	T3O	Tot
45	1	M6064	Martin Carlson	64	M6064	57:54	58.19	na	1	100		10		10	15		135
46	1	M7074	David Dassey	73	M7074	58:13	63.59	na	1	100		10		10	15		135
53	2	M6064	Brian Dunbar	62	M6064	58:56	56.09	na	2	90		10		10	15		125
58	3	M6064	Ken Lewis	61	M6064	59:52	54.70	na	3	80		10		10	15		115
59	1	F6569	Esther Woods	66	F6069	1:00:06	68.37	na	1	100				10	15		125
60	4	M6064	Norbert Hetzel	64	M6064	1:00:09	56.01	na	4	70		10		10			90
66	2	F6569	Donna Martin	67	F6069	1:03:28	65.65	na	2	90		10		10	15		125
68	9	M5054	Jonathan Whitfield	53	M5054	1:04:07	47.54	na	7	40		10		10			60
99	2	F6064	Evie Bonic RW	62	F6069	1:54:06	46.29	na	3	80				10	15		105

Race			LAFR Pride Ultra														
Location/Date			Griffith Park														
Finishers			26														
OA	DP	Div	Name	Age	GPDIV	Time	Age G	AG W	Age P	Pts	PR	UN	DS	BQ/FR	T3A	T3O	Tot
2	2	M3039	Kyle Schmitz	39	M3539	60:36	na	na	1	100				10	15	25	150
3	1	M5059	Mark Johnson	57	M5559	61:47	na	na	1	100		10		10	15	25	160
4	1	M4049	Jeremy Yoder	42	M4044	61:58	na	na	1	100		10		10	15		135
5	2	M5059	Axier Uzkudun Gonzalez	54	M5054	62:09	na	na	1	100		10		10	15		135
6	3	M3039	Raul Navarro	38	M3539	65:56	na	na	2	90				10	15		115
9 (1)	1	F3039	Louisa Hill	36	F3039	70:47	na	na	1	100				10	15	25	150
13	1	M6069	Bill Austin	67	M6569	76:02	na	na	1	100		10		10	15		135
14	6	M5059	John Miles	59	M5559	77:34	na	na	2	90		10		10			110
19	2	M6069	Martin Carlson	64	M6064	86:25	na	na	1	100		10		10	15		135
20	1	M7079	David Dassey	73	M7074	87:34	na	na	1	100		10		10	15		135
22	3	M6069	Ken Lewis	61	M6064	88:47	na	na	2	90		10		10	15		125

Race			SD Pride 5K														
Location/Date			SD														
Finishers			1932														
OA	DP	Div	Name	Age	GPDIV	Time	Age G	AG W	Age P	Pts	PR	UN	DS	BQ/FR	T3A	T3O	Tot
9	3	M3034	Evan Bomstein	34	M3034	16:54	76.85	na	1	100					15		115
41	8	M3539	Mark Planas	39	M3539	20:01	67.11	na	1	100							100
114	17	M3539	Jeff Maloy	35	M3539	22:31	57.99	na	2	90							90
129	5	M6064	Mark DeAngelis	60	M5559	22:53	69.36	na	1	100							100
234	14	M4549	Dan Vu	48	M4549	25:08	57.21	na	1	100		10					110
284	8	M6064	Henry Jung	60	M5559	25:54	61.28	na	2	90							90
408	13	M6064	Brian Dunbar	62	M6064	27:35	58.56	na	1	100		10					110

Race			Pas Trail 6K														
Location/Date			Pasadena														
Finishers			192														
OA	DP	Div	Name	Age	GPDIV	Time	Age G	AG W	Age P	Pts	PR	UN	DS	BQ/FR	T3A	T3O	Tot
56	1	M7074	Jim Martinez	71	M7074	39:03	54.64	na	1	100		10			15		125

Race			Summer Dash 5K														
Location/Date			SaMo														
Finishers			46														
OA	DP	Div	Name	Age	GPDIV	Time	Age G	AG W	Age P	Pts	PR	UN	DS	BQ/FR	T3A	T3O	Tot
37	2	F7074	Margie Gonzales	70	F70+	48:12	43.70	na	1	100		10			15		125



Race		Long Beach								Half/Full							
Location/Date		Long Beach								4-Oct							
Finishers		Half-10,821, Full-3467															
OA	DP	Div	Name	Age	GPDiv	Time	Age G	AG W	Age P	Pts	PR	UN	DS	BQ/FR	T3A	T3O	Tot
			<b>Half</b>														
89	14	M3539	Kyle Schmitz	39	M3539	1:27:39	67.81	71.20	1	100			10				110
183	35	M2529	Adon Ramos	29	M2529	1:32:48	62.52	65.65	1	100			10				110
387	10	F3539	Erin Brinton	38	F3039	1:40:30	66.07	69.37	1	100		10	10				120
2835	7	F6064	Leticia Rodriguez	63	F6069	2:07:28	67.64	71.02	1	100			10				110
6581	298	M4549	Jason Coleman	48	M4549	2:35:52	41.01	43.06	1	100		10	10				120
			<b>Full</b>														
144	7	M5054	Satoshi Ono	50	M4549	3:13:35	70.43	77.47	1	100			20	20			140

Race		Doggie Dash								5K							
Location/Date		Griffith Park								26-Oct							
Finishers		5K-38, Pups-47															
OA	DP	Div	Name	Age	GPDiv	Time	Age G	AG W	Age P	Pts	PR	UN	DS	BQ/FR	T3A	T3O	Tot
			<b>5K Humans</b>														
1	1	M4044	Jeremy Yoder	42	M4044	20:20	67.55	na	1	100		10		10	15	25	160
4 (1)	1	F3034	Gillian Wilkerson-Villasenor	34	F3039	23:06	64.04	na	1	100		10		10	15	25	160
5	2	M4044	Duane Howard	44	M4044	23:30	59.33	na	2	90				10	15		115
6	1	M4549	Andrew Cunningham	47	M4549	23:38	60.37	na	1	100				10	15		125
7	1	M6064	John Miles	60	M5559	24:45	64.13	na	1	100		10		10	15		135
8	1	M3539	Joey Lan	39	M3539	25:01	53.70	na	1	100				10	15		125
11	1	M7074	Jim Martinez	71	M7074	31:21	56.32	na	1	100				10	15		125

Race		Doggie Dash continued								5K							
Location/Date		Griffith Park								26-Oct							
Finishers		5K-38, Pups-47															
OA	DP	Div	Name	Age	GPDiv	Time	Age G	AG W	Age P	Pts	PR	UN	DS	BQ/FR	T3A	T3O	Tot
			<b>5K Pups</b>														
5	2	LARGE	John McGuinness & Kylie	50	M5054	24:58	58.51	na	1	100		10		10	15		135
6	1	TOY	Eric Eisenbrey & Charlie	45	M4044	25:36	54.88	na	1	100		10		10	15		135
7	3	LARGE	Michael Carter & Ziggy	55	M5054	25:57	58.63	na	2	90				10	15		115
10	5	LARGE	Vikash Reddy & Lucky	41	M4044	27:58	48.75	na	1	100		10		10			120
14	6	LARGE	Sean O'Brien & Washington	61	M6064	29:51	53.63	na	1	100		10		10			120
15	7	LARGE	William Fang & Katherine	48	M4549	29:51	48.17	na	2	90		10		10			110
25	9	LARGE	Reg Willson & Oslo	65	M6569	39:50	41.65	na	1	100		10		10			120
33	12	LARGE	Mike Carbuto RW & Mike	71	M7074	47:44	51.61	na	1	100		10		10			120

Race		PS Pride 5K								5K							
Location/Date		Palm Springs								2-Nov							
Finishers		797															
OA	DP	Div	Name	Age	GPDiv	Time	Age G	AG W	Age P	Pts	PR	UN	DS	BQ/FR	T3A	T3O	Tot
3	1	M5054	Carlos Vizcarra	51	M5054	18:09	81.14	na	1	100					15	25	140
13	1	M5559	Bernie Tan	56	M5559	21:00	73.06	na	1	100		10			15		125
15	4	M3539	Mark Planas	39	M3539	21:14	63.27	na	1	100							100
21	5	M4549	Charlie Heaton-Lee	46	M4549	22:02	64.26	na	1	100							100
27	2	M6064	Mark DeAngelis	60	M5559	22:28	70.65	na	2	90					15		105
39	7	M3539	Joey Lan	39	M3539	23:02	58.32	na	2	90		10					100
42	7	M4549	Andrew Cunningham	47	M4549	23:07	61.72	na	2	90							90
50	8	M4549	Eddie Flores	49	M4549	23:34	61.50	na	3	80		10					90
62	11	M4549	Albert Giang	47	M4549	24:06	59.20	na	4	70		10					80
64	4	M6064	John Miles	60	M5559	24:07	65.81	na	3	80		10					90

OA	DP	Div	Name - PS Pride cont.	Age	GPDiv	Time	Age G	AG W	Age P	Pts	PR	UN	DS	BQ/FR	T3A	T3O	Tot
76	10	M4044	Barry Hamaguchi	44	M4044	24:34	56.76	na	1	100							100
90	13	M4549	Dan Vu	48	M4549	25:02	57.44	na	5	60		10					70
158	20	M6064	Henry Jung	60	M5559	27:26	57.86	na	4	70							70
169	21	M4044	David Gonzalez	44	M4044	27:49	50.13	na	2	90							90
194	1	M7074	Jim Martinez	71	M7074	28:50	61.24	na	1	100		10			15		125
199	25	M6064	Brian Dunbar	62	M6064	28:58	55.76	na	1	100		10					110
234	21	M5054	Kyle Stevenson	52	M5054	29:52	49.70	na	2	90							90
334	18	M6569	Scott Whiteleather	65	M6569	36:53	44.98	na	1	100							100
415	11	M7074	Mike Carbuto RW	71	M7074	48:05	51.23	na	2	90							90
423	49	M5559	Christopher Tapper RW	57	M5559	49:33	43.12	na	5	60		10					70
526	36	M4044	Marcio Heaton-Lee RW	44	M4044	56:45	35.15	na	3	80							80
527	38	M6569	Brad Miyasato RW	68	M6569	56:46	41.75	na	2	90							90

Race																	
Location/Date			GP Trails														
Finishers			Griffith Park														
			Marathon-39, 50K-63														
OA	DP	Div	Name	Age	GPDiv	Time	Age G	AG W	Age P	Pts	PR	UN	DS	BQ/FR	T3A	T3O	Tot
14(1)	1	F3539	Louisa Hill 50K	37	F3039	5:31:12	49.70	57.16	1	100			20		15	25	160
31	3	M5559	Deo Jaravata FULL	59	M5559	6:51:32	35.95	39.55	1	100		10	20		15		145

Race																	
Location/Date			Giving Thanks														
Finishers			Long Beach														
			5K-21, 10K-29														
OA	DP	Div	Name	Age	GPDiv	Time	Age G	AG W	Age P	Pts	PR	UN	DS	BQ/FR	T3A	T3O	Tot
			5K														
1	1	M4044	Vikash Reddy	41	M4044	19:02	71.63	na	1	100		10			15		125
3	3	M4044	Jeremy Yoder	41	M4044	19:26	70.68	na	2	90		10			15		115
4	1	M6569	Bill Austin	67	M6569	26:10	64.57	na	1	100		10			15		125
			10K														
13	1	M7074	Bill Winkelmann	71	M7074	76:32	47.20	na	1	100		10			15		125

Race																	
Location/Date			Catalina														
Finishers			Avalon														
			10K-354, Half-606														
OA	DP	Div	Name	Age	GPDiv	Time	Age G	AG W	Age P	Pts	PR	UN	DS	BQ/FR	T3A	T3O	Tot
			10K														
1	1	M2529	Mitchell Miller	28	M2529	38:42	68.22	na	1	100		10			15	25	150
2	1	M5054	Carlos Vizcarra	51	M5054	39:02	76.76	na	1	100		10			15	25	150
3	1	M3034	Theo Tacail	34	M3034	44:26	59.76	na	1	100		10			15	25	150
5	1	M3539	Allen-Michael Brown	36	M3539	48:59	54.61	na	1	100		10			15		125
9	3	M5054	Kevin Shiramizu	51	M5054	49:58	59.97	na	2	90					15		105
10	3	M3034	Oscar De La Rocha	30	M3034	50:00	52.80	na	2	90		10			15		115
12	5	M3539	Joey Lan	39	M3539	51:23	52.94	na	2	90		10					100
21	1	M6064	Sean O'Brien	61	M6064	54:06	60.54	na	1	100		10			15		125
28	1	M5559	Angus Kennedy	58	M5559	55:31	57.39	na	1	100		10			15		125
40	2	F6064	Yuri Clingerman	64	F6069	57:44	69.27	na	1	100		10			15		125
107	2	F6569	Denise Beatty	65	F6069	67:32	60.02	na	2	90		10			15		115
173	2	M7074	Bill Winkelmann	71	M7074	77:10	46.81	na	1	100		10			15		125
324	1	M80+	Don Bing RW	82	M80+	2:02:47	47.81	na	1	100		10			15		125
			HALF														
1	1	M4549	Jonathan Toker	49	M4549	1:32:29	69.71	73.20	1	100			10		15	25	150
5	1	M4044	Jeremy Yoder	42	M4044	1:45:24	57.67	60.55	1	100		10	10		15		135
14	4	M4044	Vikash Reddy	41	M4044	1:51:47	53.93	56.63	2	90		10	10				110
36	3	M4549	Wadley	45	M4549	1:58:41	52.51	55.14	2	90			10		15		115

OA	DP	Div	Name - Catalina Half cont.	Age	GPDiv	Time	Age G	AG W	Age P	Pts	PR	UN	DS	BQ/FR	T3A	T3O	Tot
45	10	M4044	Scott Swiontek	41	M4044	2:01:09	49.76	52.25	3	80		10	10				100
59	2	M5054	Viktor Toth	51	M5054	2:06:19	51.93	54.53	1	100		10	10		15		135
95	2	M6064	John Miles	60	M5559	2:15:21	52.63	55.26	1	100		10	10		15		135
112	6	F3034	Gillian Wilkerson-Villasenor	34	F3039	2:17:51	47.44	49.81	1	100		10	10				120
159	4	M5054	Al Cortez	51	M5054	2:25:51	44.98	47.23	2	90		10	10				110
209	6	F4549	Treven Ho	48	F4049	2:34:13	46.59	48.92	1	100		10	10				120
230	14	M4549	Dan Vu	48	M4549	2:37:34	40.56	42.59	3	80		10	10				100
268	11	M5054	Richard Peng	52	M5054	2:42:08	40.82	42.86	3	80		10	10				100
367	17	M5054	Jonathan Whitfield	53	M5054	2:54:15	38.32	40.24	4	70		10	10				90
599	6	M7074	Mike Carbuto RW	71	M7074	4:42:39	37.34	39.21	1	100		10	10				120

Race			RDR Turkey										5K				
Location/Date			LA										24-Nov				
Finishers			39														
OA	DP	Div	Name	Age	GPDiv	Time	Age G	AG W	Age P	Pts	PR	UN	DS	BQ/FR	T3A	T3O	Tot
2	1	M4044	Jeremy Yoder	42	M4044	20:15	67.83	na	1	100		10		10	15	25	160
3	2	M4044	Vikash Reddy	41	M4044	20:54	65.23	na	2	90		10		10	15	25	150
7	3	M4044	Aaron Trieu	43	M4044	23:13	59.61	na	3	80				10	15		105
8(2)	2	F3034	Gillian Wilkerson-Villasenor	34	F3039	23:21	63.35	na	1	100				10	15		125
9	3	M4549	Andrew Cunningham	47	M4549	23:22	61.06	na	1	100				10	15		125
12	1	M6569	Bill Austin	67	M6569	25:20	66.69	na	1	100		10		10	15		135
13	1	M5054	John McGuinness	51	M5054	25:41	57.34	na	1	100				10	15		125
15	2	M5054	Richard Peng	52	M5054	28:24	52.27	na	2	90		10		10	15		125
16	1	M7074	David Dassey	74	M7074	28:50	63.94	na	1	100		10		10	15		135
17	2	M7074	Jim Martinez	71	M7074	30:38	57.64	na	2	90		10		10	15		125
28	3	M7074	Bill Winklemann	72	M7074	38:24	46.59	na	3	80		10		10	15		115
35	5	M6569	Doug Jones RW	67	M6569	57:37	40.64	na	2	90		10		10			110
39	2	M5559	Deo Jaravata RW	59	M5559	66:18	32.45	na	1	100		10		10	15		135

Race			Turkey Trots!										various				
Location/Date													11/28-12/1				
Finishers																	
OA	DP	Div	Name	Age	GPDiv	Time	Age G	AG W	Age P	Pts	PR	UN	DS	BQ/FR	T3A	T3O	Tot
			<b>Shoreline 5K</b>														
47	2	M6064	John Miles	60	M5559	24:35	64.56	na	1	100		10			15		125
			<b>Roseville 10K</b>														
67	1	F6064	Yuri Clingerman	64	F6069	51:20	77.90	na	1	100					15		115
			<b>Run to Feed Hungry 10K</b>														
725	3	F6569	Denise Beatty	66	F6069	58:37	70.10	na	2	90					15		105
			<b>B.I.R.R 5K</b>														
NA	NA	M6064	Norbert Hetzel	64	M6064	29:38	55.48	na	2	90							90
			<b>Oakland 5K</b>														
143	10	M4044	Aaron Trieu	43	M4044	23:06	59.91	na	1	100		10					110
			<b>Turkey Friday</b>														
1	1	M5054	Carlos Vizcarra 5K	51	M5054	18:26	79.89	na	2	90		10			15	25	140
1	1	F3539	Erin Brinton 10K	39	F3039	44:13	69.43	na	1	100		10			15	25	150
			<b>MCTA 5K</b>														
65	1	M6569	Bill Austin	67	M6569	22:42	74.43	na	1	100		10			15		125
412	6	M7074	Bill Winkelmann	72	M7074	35:20	50.64	na	1	100		10					110
			<b>La Canada 5K</b>														
109	8	M5054	Scott Sugino	51	M5054	25:34	57.60	na	3	80							80
125	3	M6064	Mark DeAngelis	60	M5559	26:04	60.89	na	2	90					15		105
164	4	M6064	Chad Pratt	60	M6064	27:12	58.35	na	1	100							100
193	5	M6064	Henry Jung	60	M5559	28:23	55.92	na	3	80							80

OA	DP	Div	Name - Turkey cont.	Age	GPDiv	Time	Age G	AG W	Age P	Pts	PR	UN	DS	BQ/FR	T3A	T3O	Tot
			<b>Space Coast Half</b>														
1964	28	M6569	David Grudzien	67	M6569	2:54:27	43.76	45.95	2	90			10				100
			<b>Seekonk 5K</b>														
5	1	M3539	Kyle Schmitz	39	M3539	19:11	70.03	na	1	100					15		115
			<b>Drumstick 10K</b>														
551	7	F5559	Sumalee Sangsurasak	56	F5059	58:31	61.73	na	1	100							100
			<b>St. Paul 6K</b>														
175	14	M3539	Jack Adams	37	M3539	32:02	49.82	na	2	90							90
			<b>LA Turkey 10K</b>														
3	1	M5054	Scott Chaney	52	M5054	36:11	83.52	na	1	100					15	25	140
579	15	F4549	Kim Nguyen	46	F4049	62:02	52.10	na	1	100							100

Race			Holiday Half			Half											
Location/Date			Pomona			15-Dec											
Finishers			Open-883, SRLA-3314														
OA	DP	Div	Name	Age	GPDiv	Time	Age G	AG W	Age P	Pts	PR	UN	DS	BQ/FR	T3A	T3O	Tot
			<b>SRLA Half</b>														
2	1	M5054	Carlos Vizcarra	51	M5054	1:24:27	77.68	81.56	1	100		10	10		15	25	160
1871	24	M5054	Mike Smith	52	M5054	2:48:07	39.37	41.34	2	90			10				100
			<b>Open Half</b>														
14	1	M5054	Satoshi Ono	50	M4549	1:30:50	71.60	75.18	1	100			10		15		125
18	2	M5559	Mark Johnson	57	M5559	1:31:43	75.50	79.28	1	100		10	10		15		135

Race			Jingle Bell 5K			5K											
Location/Date			LB			24-Dec											
Finishers			64														
OA	DP	Div	Name	Age	GPDiv	Time	Age G	AG W	Age P	Pts	PR	UN	DS	BQ/FR	T3A	T3O	Tot
2 (1F)	1	F3539	Erin Brinton	39	F3039	21:01	71.64	na	1	100		10			15	25	150
OA	overall				PR	5 year personal record											
DP	division place				UN	wore LAFR uniform											
Div	age group				DS	distance bonus											
GPDiv	grand prix division				T3A	top 3 age group											
Age G	age grade score				T3O	top 3 overall											
AG W	weighted age grade score				na	not applicable											
Age P	grand prix age group place				BQ/FR	Boston qualifier or LAFR produced race											
PTS	grand prix age group base points				* - Age Grade scores are factored for distances of half marathon and up – see website for info.												

# Los Angeles Frontrunners Trail Master Race Results 2024

Race		Avalon 50 Mile										50 Mile		
Location/Date		Avalon										7-Jan		
Finishers		322												
OA	DP	Div	Name	Age	Time	Age G	AG W	Base Sc	UN	DS	BQ/FR	T3A	T3O	Tot
93	7	M5054	Viktor Toth	50	10:08:15	49.38	59.26	59.26	10	55				124.26
202	7	F5054	Peachy Poso	51	11:42:56	48.07	57.68	57.68		55				112.68
206	7	M6064	Steve Gerschultz	60	11:44:33	46.71	56.05	56.05		55				111.05

Race		Resolution										5K		
Location/Date		Griffith Park										7-Jan		
Finishers		91												
OA	DP	Div	Name	Age	Time	Age G	AG W	Base Sc	UN	DS	BQ/FR	T3A	T3O	Tot
54	2	F5559	Emily Cox - 5K	56	27:02	65.24	na	65.24		5		15		85.24

Race		SOB										50K		
Location/Date		Malibu										27-Jan		
Finishers		91												
OA	DP	Div	Name	Age	Time	Age G	AG W	Base Sc	UN	DS	BQ/FR	T3A	T3O	Tot
53	3	M5559	John Miles	59	8:44:13	34.69	39.89	39.89	10	35		15		99.89

Race		Doggie Dash										5K		
Location/Date		Griffith Park										27-Jan		
Finishers		5K-43, Pups-38												
OA	DP	Div	Name	Age	Time	Age G	AG W	Base Sc	UN	DS	BQ/FR	T3A	T3O	Tot
			<b>5K Humans</b>											
1	1	M4044	Jeremy Yoder	41	19:28	70.03	na	70.03	10	5	10	15	25	135.03
4	1	M5559	Bruce Bair	57	20:12	76.58	na	76.58		5	10	15		106.58
6	1	M3539	Joey Lan	38	22:42	58.74	na	58.74		5	10	15		88.74
21	1	F5054	Peachy Poso	51	28:20	58.82	na	58.82	10	5	10	15		98.82
30	1	M7074	Jim Martinez	70	31:10	55.95	na	55.95	10	5	10	15		95.95
40	1	F7074	Margie Gonzales RW	70	55:44	48.30	na	48.30		5	10	15		78.30
41	2	F7074	Amy Ross RW	70	55:45	48.28	na	48.28	10	5	10	15		88.28
42	2	F5054	Cat White RW	53	55:50	41.07	na	41.07		5	10	15		71.07
42	2	F5559	Keeley Webster RW	55	55:50	41.86	na	41.86		5	10	15		71.86
			<b>5K Pups</b>											
7	2	M5054	John McGuinness & Kylie	50	24:09	60.49	na	60.49		5	10	15		90.49
8	3	M4044	Vikash Reddy & Lucky	40	25:38	52.79	na	52.79	10	5	10	15		92.79
10	4	M6064	Martin Carlson & Zazie	63	27:25	59.43	na	59.43	10	5	10			84.43
11	5	M3539	Gabriel Cooper & Oliver	35	27:43	47.11	na	47.11	10	5	10			72.11
18	7	M5054	Al Cortez & Zoey	50	30:55	47.25	na	47.25	10	5	10			72.25
20	6	M6064	Reg Willson & Oslo	64	35:11	46.73	na	46.73	10	5	10			71.73
25	9	M7074	Mike Carbuto & Mike	71	41:52	42.17	na	42.17	10	5	10			67.17

<b>Race</b>				<b>Redtail Ridge Trail</b>							<b>30K</b>			
<b>Location/Date</b>											<b>17-Feb</b>			
<b>Finishers</b>														
<b>OA</b>	<b>DP</b>	<b>Div</b>	<b>Name</b>	<b>Age</b>	<b>Time</b>	<b>Age G</b>	<b>AG W</b>	<b>Base Sc</b>	<b>UN</b>	<b>DS</b>	<b>BQ/FR</b>	<b>T3A</b>	<b>T3O</b>	<b>Tot</b>
16	2	M4044	Aaron Trieu	42	3:20:54	44.07	48.48	48.48		25		15		88.48
<b>Race</b>				<b>Brunei 42K</b>							<b>42K</b>			
<b>Location/Date</b>				<b>Brunei</b>							<b>17-Feb</b>			
<b>Finishers</b>														
<b>OA</b>	<b>DP</b>	<b>Div</b>	<b>Name</b>	<b>Age</b>	<b>Time</b>	<b>Age G</b>	<b>AG W</b>	<b>Base Sc</b>	<b>UN</b>	<b>DS</b>	<b>BQ/FR</b>	<b>T3A</b>	<b>T3O</b>	<b>Tot</b>
		M5559	Deo Jaravata	58	14:44:10	16.50	18.15	18.15		35				53.15
<b>Race</b>				<b>GP Trails</b>							<b>Full/50K</b>			
<b>Location/Date</b>				<b>Griffith Park</b>							<b>23-Mar</b>			
<b>Finishers</b>				<b>Marathon-34, 50K-90</b>										
<b>OA</b>	<b>DP</b>	<b>Div</b>	<b>Name</b>	<b>Age</b>	<b>Time</b>	<b>Age G</b>	<b>AG W</b>	<b>Base Sc</b>	<b>UN</b>	<b>DS</b>	<b>BQ/FR</b>	<b>T3A</b>	<b>T3O</b>	<b>Tot</b>
			<b>50K</b>											
39	1	M6064	Steve Gerschultz	60	6:03:10	51.03	58.68	58.68		35		15		108.68
60	1	F5054	Peachy Poso	52	6:46:15	46.38	53.34	53.34		35		15		103.34
			<b>Marathon</b>											
22	5	M5559	Deo Jaravata	59	6:45:39	36.47	40.12	40.12		35				75.12
<b>Race</b>				<b>Run4Kids</b>							<b>100 Mile</b>			
<b>Location/Date</b>											<b>22-Mar</b>			
<b>Finishers</b>														
<b>OA</b>	<b>DP</b>	<b>Div</b>	<b>Name</b>	<b>Age</b>	<b>Time</b>	<b>Age G</b>	<b>AG W</b>	<b>Base Sc</b>	<b>UN</b>	<b>DS</b>	<b>BQ/FR</b>	<b>T3A</b>	<b>T3O</b>	<b>Tot</b>
			Solomon Leung	34	27:40:58	40.10	50.13	50.13		65				115.13
<b>Race</b>				<b>Pasadena Trail Challenge</b>							<b>5.1/10.4</b>			
<b>Location/Date</b>				<b>Pasadena</b>							<b>24-Mar</b>			
<b>Finishers</b>				<b>5.1-179, 10.4-119</b>										
<b>OA</b>	<b>DP</b>	<b>Div</b>	<b>Name</b>	<b>Age</b>	<b>Time</b>	<b>Age G</b>	<b>AG W</b>	<b>Base Sc</b>	<b>UN</b>	<b>DS</b>	<b>BQ/FR</b>	<b>T3A</b>	<b>T3O</b>	<b>Tot</b>
			<b>5.1 Mile</b>											
22	2	M5559	Angus Kennedy	58	42:29	61.22	na	61.22	10	5		15		91.22
26	1	M6569	Bill Austin	66	43:23	64.54	na	64.54	10	5		15		94.54
132	2	M7074	Bill Winkelmann	71	63:53	46.10	na	46.10	10	5		15		76.10
			<b>10.4 Mile</b>											
7	1	M5559	Mark Johnson	57	1:26:31	62.96	66.11	66.11	10	20		15		111.11
8	2	M5559	Bruce Bair	57	1:27:49	62.02	65.12	65.12	10	20		15		110.12
34	3	M5559	John Miles	59	1:45:21	52.67	55.30	55.30	10	20		15		100.30
42	4	F3034	Gillian Wilkerson-Villasenor	33	1:47:37	47.70	50.09	50.09	10	20				80.09
86	1	F5054	Peachy Poso	52	2:09:31	45.71	48.00	48.00		20		15		83.00

Race														
Finish the Run										5K/Half				
Location/Date										Griffith Park				
Finishers										6-Apr				
5K-563, Half-201														
OA	DP	Div	Name	Age	Time	Age G	AG W	Base Sc	UN	DS	BQ/FR	T3A	T3O	Tot
<b>5K</b>														
19	1	M5559	Angus Kennedy	58	24:33	63.55	na	63.55	10	5		15		93.55
106	1	M6569	Jim Martinez	70	30:55	56.40	na	56.40	10	5		15		86.40
435	2	M7074	Margie Gonzales	70	50:29	53.32	na	53.32	10	5		15		83.32
<b>Half</b>														
1	1	M5559	Axier Uzkudun Gonzalez	53	1:38:36	67.71	71.10	71.10		20		15	25	131.10
53	1	F6064	Yuri Clingerman	63	2:10:37	66.01	69.31	69.31		20		15		104.31
78	1	F4549	Treven Ho	48	2:18:04	51.68	54.26	54.26		20		15		89.26
99	1	M5559	Rick Hetzel	64	2:25:06	51.05	53.60	53.60		20		15		88.60
<b>Race</b>														
Run Kanawha 50K										50K				
Location/Date										Putnam County, WV				
Finishers										6-Apr				
OA	DP	Div	Name	Age	Time	Age G	AG W	Base Sc	UN	DS	BQ/FR	T3A	T3O	Tot
20	8	M3034	Solomon Leung	34	6:29:41	38.48	44.25	44.25		35				79.25
<b>Race</b>														
Gunpowder Keg 50K										50K				
Location/Date										Gunpowder State Park, MD				
Finishers										6-Apr				
OA	DP	Div	Name	Age	Time	Age G	AG W	Base Sc	UN	DS	BQ/FR	T3A	T3O	Tot
35	7	M3034	Solomon Leung	34	6:29:46	38.47	44.24	44.24		35				79.24
<b>Race</b>														
Wawayanda 50K										50K				
Location/Date										Vernon Township, NJ				
Finishers										6-Apr				
OA	DP	Div	Name	Age	Time	Age G	AG W	Base Sc	UN	DS	BQ/FR	T3A	T3O	Tot
3	1	M3034	Solomon Leung	34	5:49:21	42.92	49.36	49.36		35		15	25	124.36
<b>Race</b>														
Chesebro										Half				
Location/Date										Agoura Hills				
Finishers										13-Apr				
OA	DP	Div	Name	Age	Time	Age G	AG W	Base Sc	UN	DS	BQ/FR	T3A	T3O	Tot
28	4	M3539	Kyle Schmitz	39	1:39:45	59.58	62.56	62.56		20				82.56
<b>Race</b>														
Leona Divide										50K				
Location/Date										20-Apr				
Finishers										142				
OA	DP	Div	Name	Age	Time	Age G	AG W	Base Sc	UN	DS	BQ/FR	T3A	T3O	Tot
75	2	F5054	Peachy Poso	52	9:32:21	32.92	37.86	37.86		35		15		87.86
79	2	M6064	Ken Lewis	60	9:53:49	30.91	35.55	35.55		35		15		85.55
125	7	M6064	Steve Gerschultz	61	12:02:07	25.66	29.51	29.51		35		15		79.51

Race		Ahmanson Trail										12K			
Location/Date												27-Apr			
Finishers															
OA	DP	Div	Name	Age	Time	Age G	AG W	Base Sc	UN	DS	BQ/FR	T3A	T3O	Tot	
6(2)	2	F3034	Gillian Wilkerson-Villasenor	33	1:11:36	50.64	na	50.64	10	5		15	25	105.64	
Race		Rock the Ridge										50 Mile			
Location/Date												4-May			
Finishers															
OA	DP	Div	Name	Age	Time	Age G	AG W	Base Sc	UN	DS	BQ/FR	T3A	T3O	Tot	
23	5	M3034	Solomon Leung	34	8:34:51	52.21	62.65	62.65		55				117.65	
Race		Verdugo Mountains										10K			
Location/Date												5-May			
Finishers															
OA	DP	Div	Name	Age	Time	Age G	AG W	Base Sc	UN	DS	BQ/FR	T3A	T3O	Tot	
90	2	F3034	Gillian Wilkerson-Villasenor	33	1:06:52	44.80	na	44.80	10	5		15		74.80	
227	6	F6064	Leticia Rodriguez	63	1:22:14	47.99	na	47.99		5				52.99	
Race		Stinson Bch Trail										Half			
Location/Date												11-May			
Finishers															
OA	DP	Div	Name	Age	Time	Age G	AG W	Base Sc	UN	DS	BQ/FR	T3A	T3O	Tot	
47	7	M4044	Aaron Trieu	42	2:59:05	33.94	35.64	35.64		20				55.64	
Race		Massanutten										100 Mile			
Location/Date												18-May			
Finishers															
OA	DP	Div	Name	Age	Time	Age G	AG W	Base Sc	UN	DS	BQ/FR	T3A	T3O	Tot	
47	7	M3034	Solomon Leung	34	29:11:46	38.02	47.53	47.53		65				112.53	
Race		GP Trail Relay										5.5m			
Location/Date												2-Jun			
Finishers															
OA	DP	Div	Name	Age	Time	Age G	AG W	Base Sc	UN	DS	BQ/FR	T3A	T3O	Tot	
NA	NA	M5054	Scott Chaney	51	35:23	74.77	na	74.77	10	5				89.77	
NA	NA	M5054	Carlos Vizcarra	50	35:29	73.93	na	73.93	10	5				88.93	
NA	NA	M2529	Mitchell Miller	27	36:09	64.35	na	64.35	10	5				79.35	
NA	NA	M3034	Andrew Robertson	33	36:20	64.27	na	64.27	10	5				79.27	
NA	NA	M3539	Kyle Schmitz	39	37:50	63.52	na	63.52	10	5				78.52	
NA	NA	M2529	Adon Ramos	28	38:39	60.19	na	60.19	10	5				75.19	
NA	NA	M4549	Alastair Heptonstall	45	38:41	65.10	na	65.10	10	5				80.10	
NA	NA	M5559	Mark Johnson	57	38:52	71.69	na	71.69	10	5				86.69	
NA	NA	M4549	Satoshi Ono	49	40:29	64.26	na	64.26	10	5				79.26	
NA	NA	M4044	Scott Swiontek	41	41:56	58.19	na	58.19	10	5				73.19	
NA	NA	F3039	Erin Brinton	38	42:08	63.92	na	63.92	10	5				78.92	
NA	NA	M3539	Raul Navarro	38	42:13	56.54	na	56.54	10	5				71.54	
NA	NA	M4044	Vikash Reddy	40	42:22	57.14	na	57.14	10	5				72.14	



OA	DP	Div	Name - GP Trail cont.	Age	Time	Age G	AG W	Base Sc	UN	DS	BQ/FR	T3A	T3O	Tot
NA	NA	M3539	Derek Mai	37	43:20	54.75	na	54.75	10	5				69.75
NA	NA	M5054	Axier Uzkudun Gonzalez	54	43:23	62.56	na	62.56	10	5				77.56
NA	NA	M5559	Bruce Bair	57	44:10	63.09	na	63.09	10	5				78.09
NA	NA	M5054	Viktor Toth	50	44:59	58.32	na	58.32	10	5				73.32
NA	NA	F4049	Nicole Luque	46	45:34	62.52	na	62.52	10	5				77.52
NA	NA	F3039	Erica Pitcavage	34	45:53	57.78	na	57.78	10	5				72.78
NA	NA	M3034	Brennen Hernandez	33	45:57	50.82	na	50.82	10	5				65.82
NA	NA	M5559	Angus Kennedy	58	48:29	57.98	na	57.98	10	5				72.98
NA	NA	M5559	John Miles	59	49:04	57.81	na	57.81	10	5				72.81
NA	NA	M4549	Albert Giang	47	50:33	50.63	na	50.63	10	5				65.63
NA	NA	M3539	Cruise Berry	35	50:35	46.45	na	46.45	10	5				61.45
NA	NA	M5054	John McGuinness	50	50:39	51.79	na	51.79	10	5				66.79
NA	NA	M6569	Bill Austin	67	52:20	58.42	na	58.42	10	5				73.42
NA	NA	F3039	Gillian Wilkerson-Villasenor	33	52:23	50.47	na	50.47	10	5				65.47
NA	NA	F5059	Sumalee Sangsurasak	56	53:05	59.96	na	59.96	10	5				74.96
NA	NA	F4049	Treven Ho	48	53:24	54.40	na	54.40	10	5				69.40
NA	NA	M6064	Martin Carlson	64	53:29	55.55	na	55.55	10	5				70.55
NA	NA	M5559	Jeff Neinstein	57	53:47	51.81	na	51.81	10	5				66.81
NA	NA	M5054	Al Cortez	51	54:24	48.63	na	48.63	10	5				63.63
NA	NA	F4049	Adik Nersesian	43	54:34	50.91	na	50.91	10	5				65.91
NA	NA	M7074	David Dassey	73	54:58	59.42	na	59.42	10	5				74.42
NA	NA	F6069	Esther Woods	66	57:19	63.10	na	63.10	10	5				78.10
NA	NA	M5054	Jonathan Whitfield	53	59:12	45.45	na	45.45	10	5				60.45
NA	NA	F6069	Donna Martin	67	60:25	60.69	na	60.69	10	5				75.69
NA	NA	M6064	Norbert Hetzel	64	60:35	49.04	na	49.04	10	5				64.04
NA	NA	F6069	Denise Beatty	65	62:58	56.67	na	56.67	10	5				71.67
NA	NA	M5054	Brad Reichard	54	64:57	41.79	na	41.79	10	5				56.79
NA	NA	M7074	Bill Winkelmann	71	68:40	46.39	na	46.39	10	5				61.39

<b>Race</b>				<b>Holcomb Trail</b>								<b>33 Mile</b>			
<b>Location/Date</b>												<b>8-Jun</b>			
<b>Finishers</b>															
OA	DP	Div	Name	Age	Time	Age G	AG W	Base Sc	UN	DS	BQ/FR	T3A	T3O	Tot	
114	21	M3034	Solomon Leung	34	8:04:20	38.46	44.23	44.23		35				79.23	

<b>Race</b>				<b>Tunnel Light</b>								<b>Full</b>			
<b>Location/Date</b>												<b>9-Jun</b>			
<b>Finishers</b>															
OA	DP	Div	Name	Age	Time	Age G	AG W	Base Sc	UN	DS	BQ/FR	T3A	T3O	Tot	
102	10	M4044	Jeremy Yoder	42	3:02:21	69.89	76.88	76.88	10	35				121.88	

Race	LAFR Pride Run													5K	
Location/Date	Griffith Park													16-Jun	
Finishers	OA	DP	Div	Name	Age	Time	Age G	AG W	Base Sc	UN	DS	BQ/FR	T3A	T3O	Tot
	1	1	M2529	Mitchell Miller	27	17:41	72.67	na	72.67	10	5	10	15	25	137.67
	5	2	M3539	Kyle Schmitz	39	20:07	66.78	na	66.78		5	10	15		96.78
	6	2	M5559	Mark Johnson	57	20:26	75.71	na	75.71	10	5	10	15		115.71
	7	1	M4044	Jeremy Yoder	42	20:47	66.09	na	66.09	10	5	10	15		106.09
	8	3	M3539	Derek Mai	37	20:55	63.30	na	63.30	10	5	10	15		103.30
	9	1	M5054	Axier Uzkudun Gonzalez	54	20:57	72.03	na	72.03	10	5	10	15		112.03
	10	4	M3539	Raul Navarro	38	21:17	62.65	na	62.65		5	10	15		92.65
	11	3	M5559	Bruce Bair	57	22:44	68.05	na	68.05	10	5	10	15		108.05
	16 (1)	1	F3539	Louisa Hill	36	23:32	63.20	na	63.20		5	10	15		93.20
	20	2	M4549	Eric Eisenbrey	45	24:08	58.22	na	58.22	10	5	10			83.22
	22	5	M5054	Kevin Shiramizu	50	24:13	60.32	na	60.32		5	10	15		90.32
	27	2	M2529	Wasiq Mohammad	26	25:13	50.96	na	50.96	10	5	10			75.96
	31	5	M5559	John Miles	59	25:57	60.64	na	60.64	10	5	10			85.64
	39	1	M6569	Bill Austin	67	27:31	61.40	na	61.40	10	5	10	15		101.40
	42	1	M6064	Lui Sanchez	63	27:42	58.83	na	58.83	10	5	10			83.83
	51	2	M6064	Martin Carlson	64	28:31	57.65	na	57.65	10	5	10			82.65
	59	3	M6064	Ken Lewis	61	28:55	55.37	na	55.37	10	5	10			80.37
	64	1	M7074	David Dassey	73	29:21	61.85	na	61.85	10	5	10			86.85
	91	2	M7074	Jim Martinez	70	32:30	53.66	na	53.66	10	5	10	15		93.66
	115	3	M7074	Bill Winkelmann	71	37:28	47.13	na	47.13	10	5	10			72.13
	122	8	M4549	Jonathan Toker	49	38:15	37.89	na	37.89	10	5	10			62.89
	141	4	F5054	Cat White RW	53	42:34	53.88	na	53.88	10	5	10			78.88
	177	3	F7074	Amy Ross RW	71	52:29	51.83	na	51.83	10	5	10			76.83
	180	3	F6569	Nicole Oeuvray RW	65	58:17	44.18	na	44.18	10	5	10			69.18
	193	4	F7074	Alice Hulac-Morentin RW	73	1:05:10	42.63	na	42.63	10	5	10			67.63
	194	6	F6064	Michelle Hulac-Morentin RW	64	1:05:10	39.18	na	39.18	10	5	10			64.18
	195	6	F5559	Keeley Webster RW	55	1:05:11	35.87	na	35.87	10	5	10			60.87

Race	LAFR Pride Run													10K	
Location/Date	Griffith Park													16-Jun	
Finishers	OA	DP	Div	Name	Age	Time	Age G	AG W	Base Sc	UN	DS	BQ/FR	T3A	T3O	Tot
	1	1	M5054	Carlos Vizcarra	50	37:39	78.91	na	78.91		5	10	15	25	133.91
	3	2	M3539	Kyle Schmitz	39	40:29	67.19	na	67.19		5	10	15	25	122.19
	6	2	M4044	Jeremy Yoder	42	41:11	67.58	na	67.58	10	5	10	15		107.58
	7	2	M5054	Axier Uzkudun Gonzalez	54	41:12	74.63	na	74.63	10	5	10	15		114.63
	8	1	M5559	Mark Johnson	57	41:21	76.36	na	76.36	10	5	10	15		116.36
	10	3	M3539	Mark Planas	39	44:02	61.78	na	61.78		5	10	15		91.78
	12	4	M3539	Raul Navarro	38	44:39	60.54	na	60.54		5	10			75.54
	15 (2)	1	F3539	Louisa Hill	36	47:15	64.05	na	64.05		5	10	15	25	119.05
	18	5	M5054	Michael Carter	54	48:21	63.60	na	63.60	10	5	10			88.60
	20	1	M6569	Bill Austin	67	48:31	71.49	na	71.49	10	5	10	15		111.49
	24	6	M5054	Daniel Walkup	53	51:08	59.61	na	59.61	10	5	10			84.61
	26	7	M5054	Al Cortez	51	51:37	58.05	na	58.05	10	5	10			83.05

OA	DP	Div	Name - Pride 10K cont.	Age	Time	Age G	AG W	Base Sc	UN	DS	BQ/FR	T3A	T3O	Tot
27	3	M5559	John Miles	59	51:37	62.29	na	62.29	10	5	10	15		102.29
29	2	F4549	Treven Ho	48	51:59	63.40	na	63.40	10	5	10	15		103.40
31	2	M4549	Daniel Vu	48	53:49	54.29	na	54.29	10	5	10	15		94.29
32	4	M5559	Jeff Neinstein	57	54:16	58.18	na	58.18		5	10			73.18
37	8	M5054	Richard Peng	52	55:35	54.37	na	54.37	10	5	10			79.37
39	2	F5559	Sumalee Sangsurasak	56	55:57	64.57	na	64.57	10	5	10	15		104.57
45	1	M6064	Martin Carlson	64	57:54	58.19	na	58.19	10	5	10	15		98.19
46	1	M7074	David Dassey	73	58:13	63.59	na	63.59	10	5	10	15		103.59
53	2	M6064	Brian Dunbar	62	58:56	56.09	na	56.09	10	5	10	15		96.09
58	3	M6064	Ken Lewis	61	59:52	54.70	na	54.70	10	5	10	15		94.70
59	1	F6569	Esther Woods	66	1:00:06	68.37	na	68.37		5	10	15		98.37
60	4	M6064	Norbert Hetzel	64	1:00:09	56.01	na	56.01	10	5	10			81.01
66	2	F6569	Donna Martin	67	1:03:28	65.65	na	65.65	10	5	10	15		105.65
68	9	M5054	Jonathan Whitfield	53	1:04:07	47.54	na	47.54	10	5	10			72.54
99	2	F6064	Evie Bonic RW	62	1:54:06	46.29	na	46.29		5	10	15		76.29

Race			Valley Crest											
Location/Date			Half											
Finishers			29-Jun											
			82											
OA	DP	Div	Name	Age	Time	Age G	AG W	Base Sc	UN	DS	BQ/FR	T3A	T3O	Tot
37 (7)	2	F3034	Gillian Wilkerson-Villasenor	34	2:10:28	48.78	51.22	51.22	10	20		15		96.22

Race			Massanutten											
Location/Date			100 Mile											
Finishers			18-May											
OA	DP	Div	Name	Age	Time	Age G	AG W	Base Sc	UN	DS	BQ/FR	T3A	T3O	Tot
232	10	M3034	Solomon Leung	34	29:09:18	38.08	47.60	47.60		65				112.60

Race			Pas Trail 6K											
Location/Date			Pasadena											
Finishers			26-Jul											
			192											
OA	DP	Div	Name	Age	Time	Age G	AG W	Base Sc	UN	DS	BQ/FR	T3A	T3O	Tot
56	1	M7074	Jim Martinez	50	39:03	54.64	na	54.64	10	5		15		84.64

Race			Wine Country Half											
Location/Date			Half											
Finishers			28-Jul											
OA	DP	Div	Name	Age	Time	Age G	AG W	Base Sc	UN	DS	BQ/FR	T3A	T3O	Tot
5	1	M5559	Bernie Tan	56	1:54:27	59.95	62.95	62.95		20		15		97.95

Race			Back Country Rise											
Location/Date			20 Mile											
Finishers			18-Aug											
OA	DP	Div	Name	Age	Time	Age G	AG W	Base Sc	UN	DS	BQ/FR	T3A	T3O	Tot
32	1	M5559	Bernie Tan	56	4:16:48	41.98	46.18	46.18		25		15		86.18

Race														7 mi
Location/Date														2-Sep
Finishers														
OA	DP	Div	Name	Age	Time	Age G	AG W	Base Sc	UN	DS	BQ/FR	T3A	T3O	Tot
37	4	M3034	Andrew Robertson	33	1:34:10	31.93	na	31.93		5				36.93
314	4	F5559	Laura Howe	57	2:26:18	28.35	na	28.35		5				33.35
323	13	M6064	Ken Lewis	61	2:27:53	24.97	na	24.97		5				29.97
Race														Full
Location/Date														7-Sep
Finishers														
OA	DP	Div	Name	Age	Time	Age G	AG W	Base Sc	UN	DS	BQ/FR	T3A	T3O	Tot
58	14	M4044	Vikash Reddy	41	3:08:33	67.05	73.76	73.76	10	35				118.76
Race														23K
Location/Date														12-Oct
Finishers														
OA	DP	Div	Name	Age	Time	Age G	AG W	Base Sc	UN	DS	BQ/FR	T3A	T3O	Tot
17	1	M6064	John Miles	50	2:58:14	43.83	46.02	46.02	10	20		15		91.02
Race														15K
Location/Date														19-Oct
Finishers														
OA	DP	Div	Name	Age	Time	Age G	AG W	Base Sc	UN	DS	BQ/FR	T3A	T3O	Tot
5(1)	1	F3034	Gillian Wilkerson-Villasenor	34	1:40:42	45.66	47.94	46.02	10	20		15	25	116.02
Race														5K
Location/Date														26-Oct
Finishers														
OA	DP	Div	Name	Age	Time	Age G	AG W	Base Sc	UN	DS	BQ/FR	T3A	T3O	Tot
			<b>5K Humans</b>											
1	1	M4044	Jeremy Yoder	42	20:20	67.55	na	67.55	10	5	10	15	25	132.55
4 (1)	1	F3034	Gillian Wilkerson-Villasenor	34	23:06	64.04	na	64.04	10	5	10	15	25	129.04
5	2	M4044	Duane Howard	44	23:30	59.33	na	59.33		5	10	15		89.33
6	1	M4549	Andrew Cunningham	47	23:38	60.37	na	60.37		5	10	15		90.37
7	1	M6064	John Miles	60	24:45	64.13	na	64.13	10	5	10	15		104.13
8	1	M3539	Joey Lan	39	25:01	53.70	na	53.70		5	10	15		83.70
11	1	M7074	Jim Martinez	71	31:21	56.32	na	56.32		5	10	15		86.32
Race														5K
Location/Date														26-Oct
Finishers														
OA	DP	Div	Name	Age	Time	Age G	AG W	Base Sc	UN	DS	BQ/FR	T3A	T3O	Tot
			<b>5K Pups</b>											
5	2	LARGE	John McGuinness & Kylie	50	24:58	58.51	na	58.51	10	5	10	15		98.51
6	1	TOY	Eric Eisenbrey & Charlie	45	25:36	54.88	na	54.88	10	5	10	15		94.88
7	3	LARGE	Michael Carter & Ziggy	55	25:57	58.63	na	58.63		5	10	15		88.63
10	5	LARGE	Vikash Reddy & Lucky	41	27:58	48.75	na	48.75	10	5	10			73.75

OA	DP	Div	Name - Doggie Pups cont.	Age	Time	Age G	AG W	Base Sc	UN	DS	BQ/FR	T3A	T3O	Tot
14	6	LARGE	Sean O'Brien & Washington	61	29:51	53.63	na	53.63	10	5	10			78.63
15	7	LARGE	William Fang & Katherine	48	29:51	48.17	na	48.17	10	5	10			73.17
25	9	LARGE	Reg Willson & Oslo	65	39:50	41.65	na	41.65	10	5	10			66.65
33	12	LARGE	Mike Carbuto RW & Mike	71	47:44	51.61	na	51.61	10	5	10			76.61

Race			GP Trails											
Location/Date			Griffith Park											
Finishers			Marathon-39, 50K-63											
OA	DP	Div	Name	Age	Time	Age G	AG W	Base Sc	UN	DS	BQ/FR	T3A	T3O	Tot
14(1)	1	F3539	Louisa Hill 50K	37	5:31:12	49.70	57.16	57.16		35		15	25	132.16
31	3	M5559	Deo Jaravata FULL	59	6:51:32	35.95	39.55	39.55	10	35		15		99.55

Race			Catalina											
Location/Date			Avalon											
Finishers			10K-354, Half-606											
OA	DP	Div	Name	Age	Time	Age G	AG W	Base Sc	UN	DS	BQ/FR	T3A	T3O	Tot
			<b>10K</b>											
1	1	M2529	Mitchell Miller	28	38:42	68.22	na	68.22	10	5		15	25	123.22
2	1	M5054	Carlos Vizcarra	51	39:02	76.76	na	76.76	10	5		15	25	131.76
3	1	M3034	Theo Tacail	34	44:26	59.76	na	59.76	10	5		15	25	114.76
5	1	M3539	Allen-Michael Brown	36	48:59	54.61	na	54.61	10	5		15		84.61
9	3	M5054	Kevin Shiramizu	51	49:58	59.97	na	59.97		5		15		79.97
10	3	M3034	Oscar De La Rocha	30	50:00	52.80	na	52.80	10	5		15		82.80
12	5	M3539	Joey Lan	39	51:23	52.94	na	52.94	10	5				67.94
21	1	M6064	Sean O'Brien	61	54:06	60.54	na	60.54	10	5		15		90.54
28	1	M5559	Angus Kennedy	58	55:31	57.39	na	57.39	10	5		15		87.39
40	2	F6064	Yuri Clingerman	64	57:44	69.27	na	69.27	10	5		15		99.27
107	2	F6569	Denise Beatty	65	67:32	60.02	na	60.02	10	5		15		90.02
173	2	M7074	Bill Winkelmann	71	77:10	46.81	na	46.81	10	5		15		76.81
324	1	M80+	Don Bing RW	82	2:02:47	47.81	na	47.81	10	5		15		77.81
			<b>Half</b>											
1	1	M4549	Jonathan Toker	49	1:32:29	69.71	73.20	73.20		20		15	25	133.20
5	1	M4044	Jeremy Yoder	42	1:45:24	57.67	60.55	60.55	10	20		15		105.55
14	4	M4044	Vikash Reddy	41	1:51:47	53.93	56.63	56.63	10	20				86.63
36	3	M4549	Wadley	45	1:58:41	52.51	55.14	55.14		20		15		90.14
45	10	M4044	Scott Swiontek	41	2:01:09	49.76	52.25	52.25	10	20				82.25
59	2	M5054	Viktor Toth	51	2:06:19	51.93	54.53	54.53	10	20		15		99.53
95	2	M6064	John Miles	60	2:15:21	52.63	55.26	55.26	10	20		15		100.26
112	6	F3034	Gillian Wilkerson-Villasenor	34	2:17:51	47.44	49.81	49.81	10	20				79.81
159	4	M5054	Al Cortez	51	2:25:51	44.98	47.23	47.23	10	20				77.23
209	6	F4549	Treven Ho	48	2:34:13	46.59	48.92	48.92	10	20				78.92
230	14	M4549	Dan Vu	48	2:37:34	40.56	42.59	42.59	10	20				72.59
268	11	M5054	Richard Peng	52	2:42:08	40.82	42.86	42.86	10	20				72.86
367	17	M5054	Jonathan Whitfield	53	2:54:15	38.32	40.24	40.24	10	20				70.24
599	6	M7074	Mike Carbuto RW	71	4:42:39	37.34	39.21	39.21	10	20				69.21

RDR Turkey														
Race													5K	
Location/Date	LA												24-Nov	
Finishers	39													
OA	DP	Div	Name	Age	Time	Age G	AG W	Base Sc	UN	DS	BQ/FR	T3A	T3O	Tot
2	1	M4044	Jeremy Yoder	42	20:15	67.83	na	67.83	10	5	10	15	25	132.83
3	2	M4044	Vikash Reddy	41	20:54	65.23	na	65.23	10	5	10	15	25	130.23
7	3	M4044	Aaron Trieu	43	23:13	59.61	na	59.61		5	10	15		89.61
8(2)	2	F3034	Gillian Wilkerson-Villasenor	34	23:21	63.35	na	63.35		5	10	15		93.35
9	3	M4549	Andrew Cunningham	47	23:22	61.06	na	61.06		5	10	15		91.06
12	1	M6569	Bill Austin	67	25:20	66.69	na	66.69	10	5	10	15		106.69
13	1	M5054	John McGuinness	51	25:41	57.34	na	57.34		5	10	15		87.34
15	2	M5054	Richard Peng	52	28:24	52.27	na	52.27	10	5	10	15		92.27
16	1	M7074	David Dassey	74	28:50	63.94	na	63.94	10	5	10	15		103.94
17	2	M7074	Jim Martinez	71	30:38	57.64	na	57.64	10	5	10	15		97.64
28	3	M7074	Bill Winklemann	72	38:24	46.59	na	46.59	10	5	10	15		86.59
35	5	M6569	Doug Jones RW	67	57:37	40.64	na	40.64	10	5	10	15		80.64
39	2	M5559	Deo Jaravata RW	59	66:18	32.45	na	32.45	10	5	10	15		72.45
Div	age group				T3O	top 3 overall				DS	distance bonus			
Age G	age grade score				na	not applicable				T3A	top 3 age group			
AG W	weighted age grade score				BQ/FR	Boston qualifier or LAFR race				UN	uniform			
Base Sc	Base Score (age grade)				* - Age Grade scores are factored for distances of half marathon and up – see website for info.									