

LAFR Age Group Detail 2024 as of 10/14

Rank	F3039		
1	<b>Louisa Hill</b>		
	LAFR Pride 5K	23:32	150
	LAFR Pride 10K	47:15	150
	LAFR Pride Ultra	70:47	150
			<b>450</b>
2	<b>Erin Brinton</b>		
	LB Pride 5K	48:58	110
	GP Trail Relay	42:08	110
	LB Half	1:40:30	120
			<b>340</b>
3	<b>Erica Pitcavage</b>		
	GP Trail Relay	45:53	110
	Rose Bowl Half	1:51:58	110
			<b>220</b>
4	<b>Gillian Wilkerson-Villasenor</b>		
	Pas Trail 10.4	1:47:37	120
	GP Trail Relay	52:23	90
			<b>210</b>

Rank	F4049		
1	<b>Treven Ho</b>		
	LAFR Pride 10K	51:59	135
	GP Trail Relay	53:24	100
	Finish the Run Half	2:18:04	125
			<b>360</b>
2	<b>April Selvage</b>		
	LA Marathon	4:21:52	110
	Boston Marathon	4:15:52	120
			<b>230</b>
3	<b>Adik Nersesian</b>		
	GP Trail Relay	54:34	90
	LA Marathon	4:18:37	120
			<b>210</b>
4	<b>Nicole Luque</b>		
	GP Trail Relay	45:34	110
			<b>110</b>
	<b>Franziska Reff</b>		
	Rose Bowl Half	2:52:21	110
			<b>110</b>
5	<b>Lisa Zajkowski</b>		
	LA Marathon	7:47:18	100
			<b>100</b>

Rank	F5059		
1	<b>Peachy Poso</b>		
	Avalon 50 Mile	11:42:56	130
	Doggie 5K Humans	28:20	135
	Pas Trail 10.4	2:09:31	125
	GP Trails 50K	6:46:15	135
	Leona 50K	9:32:21	135
			<b>660</b>

Rank	F5059 continued		
2	<b>Sumalee Sangsurasak</b>		
	LAFR Pride 10K	55:57	135
	GP Trail Relay	53:05	110
	LA Marathon	4:55:41	120
	Rose Bowl Half	2:10:49	110
			<b>475</b>
3	<b>Cat White</b>		
	Doggie 5K Humans	55:50	125
	LAFR Pride 5K	42:34	120
			<b>245</b>
4	<b>Keeley Webster</b>		
	Doggie 5K Humans	55:50	125
	LAFR Pride 5K	1:05:11	110
			<b>235</b>
5	<b>Amy Zheng</b>		
	Boston Marathon	3:49:00	140
			<b>140</b>
6	<b>Emily Cox</b>		
	LA Marathon	5:26:52	110
			<b>110</b>

Rank	F6069		
1	<b>Leticia Rodriguez</b>		
	Rose Bowl Half	2:08:09	100
	LA Marathon	4:34:06	120
	Boston Marathon	4:52:04	120
	LB Half	2:07:28	110
			<b>450</b>
2	<b>Yuri Clingerman</b>		
	Rose Bowl Half	1:57:08	125
	Finish the Run Half	2:10:37	125
			<b>250</b>
3	<b>Esther Woods</b>		
	LAFR Pride 10K	1:00:06	125
	GP Trail Relay	57:19	110
			<b>235</b>
4	<b>Donna Martin</b>		
	LAFR Pride 10K	1:03:28	125
	GP Trail Relay	60:25	100
			<b>225</b>
5	<b>Denise Beatty</b>		
	GP Trail Relay	62:58	90
	Rose Bowl Half	2:16:03	90
			<b>180</b>
6	<b>Nicole Oeuvray</b>		
	LAFR Pride 5K	58:17	135
			<b>135</b>
7	<b>Michelle Hulac-Morentin</b>		
	LAFR Pride 5K	1:05:10	120
			<b>120</b>
8	<b>Evie Bonic</b>		
	LAFR Pride 10K	1:54:06	105
			<b>105</b>

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Rank	F70+		
<b>1</b>	<b>Margie Gonzales</b>		
	Doggie 5K Humans	55:44	125
	Finish 5K	50:29	125
	Chesebro 10K	1:45:04	110
	LB Pride 5K	48:50	125
	Summer Dash 5K	48:12	125
			<b>610</b>
<b>2</b>	<b>Amy Ross</b>		
	Doggie 5K Humans	55:45	125
	LAFR Pride 5K	52:29	135
			<b>260</b>
<b>3</b>	<b>Alice Hulac-Morentin</b>		
	LAFR Pride 5K	52:29	135
			<b>135</b>

Rank	M2529		
<b>1</b>	<b>Mitchell Miller</b>		
	Rose Bowl Half	1:21:18	110
	M2B Full	2:46:44	150
	LAFR Pride 5K	17:41	160
	GP Trail Relay	36:09	110
			<b>530</b>
<b>2</b>	<b>Adon Ramos</b>		
	GP Trail Relay	38:39	100
	LB Half	1:32:48	110
			<b>210</b>
<b>3</b>	<b>Wasiq Mohammed</b>		
	LAFR Pride 5K	25:13	125
			<b>125</b>

Rank	M3034		
<b>1</b>	<b>Brennen Hernandez</b>		
	M2B Full	4:20:03	120
	GP Trail Relay	45:57	100
			<b>220</b>
<b>2</b>	<b>Trevor Tivenan</b>		
	LA Marathon	3:33:15	120
			<b>120</b>
<b>3</b>	<b>Evan Bornstein</b>		
	SD Pride 5K	16:54	115
			<b>115</b>
<b>4</b>	<b>Andrew Robertson</b>		
	GP Trail Relay	36:20	110
			<b>110</b>
	<b>Francis Felix</b>		
	LA Marathon	3:56:20	110
			<b>110</b>

Rank	M3539		
<b>1</b>	<b>Kyle Schmitz</b>		
	LAFR Pride 10K	40:29	150
	LAFR Pride Ultra	60:36	150
	Friendship 30K	2:21:25	130
	LAFR Pride 5K	20:07	125
	LA Marathon	3:27:21	110
	GP Trail Relay	37:50	110
	Rose Bowl Half	1:36:04	90
	LB Half	1:27:39	110
			<b>775</b>
<b>2</b>	<b>Mark Planas</b>		
	Rose Bowl Half	1:39:52	80
	LA Marathon	3:54:28	100
	LB Pride 10K	43:04	105
	LAFR Pride 10K	44:02	115
			<b>400</b>
<b>3</b>	<b>Raul Navarro</b>		
	LAFR Pride 5K	21:17	90
	LAFR Pride 10K	44:39	90
	LAFR Pride Ultra	65:56	115
	GP Trail Relay	42:13	100
			<b>395</b>
<b>4</b>	<b>Martin Leung</b>		
	Rose Bowl Half	1:33:49	100
	LA Marathon	2:58:06	140
	LB Pride 10K	38:02	140
			<b>380</b>
<b>5</b>	<b>Joey Lan</b>		
	Doggie 5K Humans	22:42	125
	LB Pride 5K	23:05	105
			<b>230</b>
<b>6</b>	<b>Derek Mai</b>		
	LAFR Pride 5K	20:55	125
	GP Trail Relay	43:20	90
			<b>215</b>
<b>7</b>	<b>Gabriel Cooper</b>		
	Doggie 5K Pups	27:43	120
			<b>120</b>
<b>8</b>	<b>Michael Bea</b>		
	Rose Bowl Half	1:22:45	110
			<b>110</b>
<b>9</b>	<b>Jeff Maloy</b>		
	SD Pride 5K	22:31	100
			<b>100</b>
<b>10</b>	<b>Cruise Berry</b>		
	GP Trail Relay	50:35	80
			<b>80</b>
<b>11</b>	<b>Leonard Hyman</b>		
	Rose Bowl Half	2:33:02	70
			<b>70</b>

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Rank	M4044		
1	<b>Jeremy Yoder</b>		
	Doggie 5K Humans	19:28	160
	LAFR Pride 5K	20:47	135
	LAFR Pride 10K	41:11	135
	LAFR Pride Ultra	61:58	135
			<b>565</b>
2	<b>Vikash Reddy</b>		
	Doggie 5K Pups	25:38	135
	LB Pride 10K	43:17	125
	GP Trail Relay	42:22	100
			<b>360</b>
3	<b>Scott Swiontek</b>		
	M2B Full	3:20:36	130
	LB Pride 10K	46:34	105
	GP Trail Relay	41:56	110
			<b>345</b>
4	<b>Eric Eisenbrey</b>		
	LB Pride 10K	49:54	90
	LAFR Pride 5K	24:08	125
			<b>215</b>
5	<b>David Gonzalez</b>		
	LA Big 5K	27:44	100
			<b>100</b>

Rank	M4549		
1	<b>Albert Giang</b>		
	Leap Day 2.67	23:11	115
	M2B Half	1:55:38	120
	LB Pride 10K	54:21	100
	GP Trail Relay	50:33	100
			<b>435</b>
2	<b>Satoshi Ono</b>		
	GP Trail Relay	40:29	110
	LA Marathon	3:12:27	140
	LB Full	3:13:35	140
			<b>390</b>
3	<b>Dan Vu</b>		
	LB Pride 10K	53:11	125
	LAFR Pride 10K	53:49	135
	SD Pride 5K	25:08	110
			<b>370</b>
4	<b>Charlie Heaton-Lee</b>		
	LA Marathon	5:14:29	120
			<b>120</b>
	<b>Jason Coleman</b>		
	LB Half	2:35:52	120
			<b>120</b>
5	<b>Jonathan Toker</b>		
	LAFR Pride 5K	38:15	110
			<b>110</b>

Rank	M5054		
1	<b>Carlos Vizcarra</b>		
	Friendship 30K	2:08:14	115
	Boston Marathon	2:49:18	140
	M2B Half	1:19:09	125
	LB Pride 5K	18:28	140
	LAFR Pride 10K	37:39	150
	GP Trail Relay	35:29	100
			<b>770</b>
2	<b>Axier Uzkudun Gonzalez</b>		
	Finish Half	1:38:36	150
	LAFR Pride 5K	20:57	135
	LAFR Pride 10K	41:12	125
	LAFR Pride Ultra	62:09	135
	GP Trail Relay	43:23	90
			<b>635</b>
3	<b>Mike Smith</b>		
	Rose Bowl Half	2:45:54	110
	Friendship 30K	4:02:03	105
	LA Marathon	7:08:41	130
			<b>345</b>
4	<b>Al Cortez</b>		
	Doggie 5K Pups	30:55	110
	LB Pride 10K	54:33	90
	LAFR Pride 10K	51:37	80
	GP Trail Relay	54:24	60
			<b>340</b>
5	<b>Viktor Toth</b>		
	Avalon 50 Mile	10:08:15	140
	GP Trail Relay	44:59	80
			<b>220</b>
6	<b>Michael Carter</b>		
	LB Pride 10K	48:05	115
	LAFR Pride 10K	48:21	100
			<b>215</b>
	<b>Daniel Walkup</b>		
	LAFR Pride 10K	51:08	90
	Wrigley 10K	53:32	125
			<b>215</b>
	<b>Kevin Shiramizu</b>		
	Leap Day 2.67	19:16	115
	LAFR Pride 5K	24:13	100
			<b>215</b>
7	<b>John McGuinness</b>		
	Doggie 5K Pups	24:09	125
	GP Trail Relay	50:39	70
			<b>195</b>
8	<b>Jonathan Whitfield</b>		
	LB Pride 10K	61:03	60
	LAFR Pride 10K	1:04:07	60
	GP Trail Relay	59:12	50
			<b>170</b>

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Rank	M5054 continued		
9	<b>Richard Peng</b>		
	LB Pride 10K	56:35	80
	LAFR Pride 10K	55:35	70
			<b>150</b>
10	<b>Scott Chaney</b>		
	GP Trail Relay	35:23	110
			<b>110</b>
11	<b>Brad Reichard</b>		
	GP Trail Relay	64:57	40
			<b>40</b>

Rank	M5559		
1	<b>Mark Johnson</b>		
	Pas Trail 10.4	1:26:31	135
	LB Pride 10K	40:41	150
	LAFR Pride 5K	20:26	135
	LAFR Pride 10K	41:21	135
	LAFR Pride Ultra	61:47	160
	GP Trail Relay	38:52	110
			<b>825</b>

2	<b>John Miles</b>		
	SOB 50K	8:44:13	145
	LAFR Pride 10K	51:37	125
	Leap Day 2.67	21:21	115
	LAFR Pride Ultra	77:34	110
	Pas Trail 10.4	1:45:21	105
	LAFR Pride 5K	25:57	100
	LB Pride 10K	52:02	60
	GP Trail Relay	49:04	80
			<b>700</b>

3	<b>Angus Kennedy</b>		
	Leap Day 2.67	21:14	125
	Pas Trail 5.1	42:29	105
	Finish 5K	24:33	125
	Spring Dash 5K	23:27	125
	LB Pride 5K	23:32	85
	GP Trail Relay	48:29	90
			<b>655</b>

4	<b>Bruce Bair</b>		
	Doggie 5K Humans	20:12	125
	Pas Trail 10.4	1:27:49	125
	LAFR Pride 5K	22:44	125
	GP Trail Relay	44:10	100
			<b>475</b>

5	<b>Deo Jaravata</b>		
	LA Marathon	6:00:48	120
	GP Trails Full	6:45:39	120
	LA Big 5K	37:32	100
			<b>340</b>

6	<b>Greg Ziencina</b>		
	LA Marathon	3:18:24	140
	Boston Marathon	3:40:28	120
			<b>260</b>

Rank	M5559 continued		
7	<b>Mark DeAngelis</b>		
	LB Pride 5K	22:35	105
	SD Pride 5K	22:53	100
			<b>205</b>

8	<b>Jeff Neinstein</b>		
	LAFR Pride 10K	54:16	90
	GP Trail Relay	53:47	70
			<b>160</b>

9	<b>Henry Jung</b>		
	LB Pride 5K	26:14	65
	SD Pride 5K	25:54	90
			<b>155</b>

10	<b>Bernie Tan</b>		
	LB Pride 10K	44:57	105
			<b>105</b>

11	<b>Mario Mota</b>		
	LB Pride 10K	47:18	95
			<b>95</b>

Rank	M6064		
1	<b>Martin Carlson</b>		
	Doggie 5K Pups	27:25	120
	LAFR Pride 5K	28:31	125
	LAFR Pride 10K	57:54	135
	LAFR Pride Ultra	86:25	135
	GP Trail Relay	53:29	110
			<b>625</b>

2	<b>Norbert Hetzel</b>		
	Finish Half	2:25:06	125
	LB Pride 5K	29:28	115
	LAFR Pride 10K	1:00:09	90
	GP Trail Relay	60:35	100
	Wrigley 10 Mile	1:38:57	135
			<b>565</b>

3	<b>Ken Lewis</b>		
	Leona 50K	9:53:49	135
	LAFR Pride 5K	28:55	115
	LAFR Pride 10K	59:52	115
	LAFR Pride Ultra	88:47	125
			<b>490</b>

4	<b>Brian Dunbar</b>		
	LB Pride 10K	58:50	125
	LAFR Pride 10K	58:56	125
	SD Pride 5K	27:35	110
			<b>360</b>

5	<b>Steve Gerschultz</b>		
	Avalon 50 Mile	11:44:33	130
	Leona 50K	12:02:07	135
			<b>265</b>

6	<b>Lui Sanchez</b>		
	LAFR Pride 5K	27:42	135
			<b>135</b>

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<b>Rank</b>	<b>M6064 continued</b>		
<b>7</b>	<b>Reg Willson</b>		
	Doggie 5K Pups	35:11	120
			<b>120</b>
<b>8</b>	<b>Tim Chung</b>		
	LB Pride 5K	50:35	90
			<b>90</b>

<b>Rank</b>	<b>M6569</b>		
<b>1</b>	<b>Bill Austin</b>		
	LAFR Pride 5K	27:31	135
	LAFR Pride 10K	48:31	135
	LAFR Pride Ultra	76:02	135
	Leap Day 2.67	21:40	125
	Pas Trail 5.1	43:23	125
	Spring Dash 5K	26:15	125
	LB Pride 5K	23:14	125
	GP Trail Relay	52:20	110
			<b>780</b>

<b>Rank</b>	<b>M7074</b>		
<b>1</b>	<b>David Dassey</b>		
	LB Pride 10K	55:41	125
	LAFR Pride 5K	29:21	135
	LAFR Pride 10K	58:13	135
	LAFR Pride Ultra	87:34	135
	GP Trail Relay	54:58	110
	Wrigley 5K	27:03	125
			<b>765</b>
<b>2</b>	<b>Bill Winkleman</b>		
	Leap Day 5.34	66:33	125
	Pas Trail 5.1	63:53	125
	Spring Dash 10K	1:14:10	125
	LB Pride 10K	76:30	105
	LAFR Pride 5K	37:28	115
	GP Trail Relay	68:40	100
			<b>695</b>
<b>3</b>	<b>Jim Martinez</b>		
	Doggie 5K Humans	31:10	135
	Finish 5K	30:55	125
	LB Pride 5K	31:52	115
	LAFR Pride 5K	32:30	125
	Pas Trail 6K	39:03	125
			<b>625</b>
<b>4</b>	<b>Mike Carbuto</b>		
	Doggie 5K Pups	41:52	120
			<b>120</b>